# How to Report Illegal Content in Posts on the Instagram App

**Coimisiún na Meán**

**1**

Open the Instagram app on your phone. If you think the content in a post might be breaking the law, tap the **three dots** at the top right-hand side of the screen and then hit **Report**.
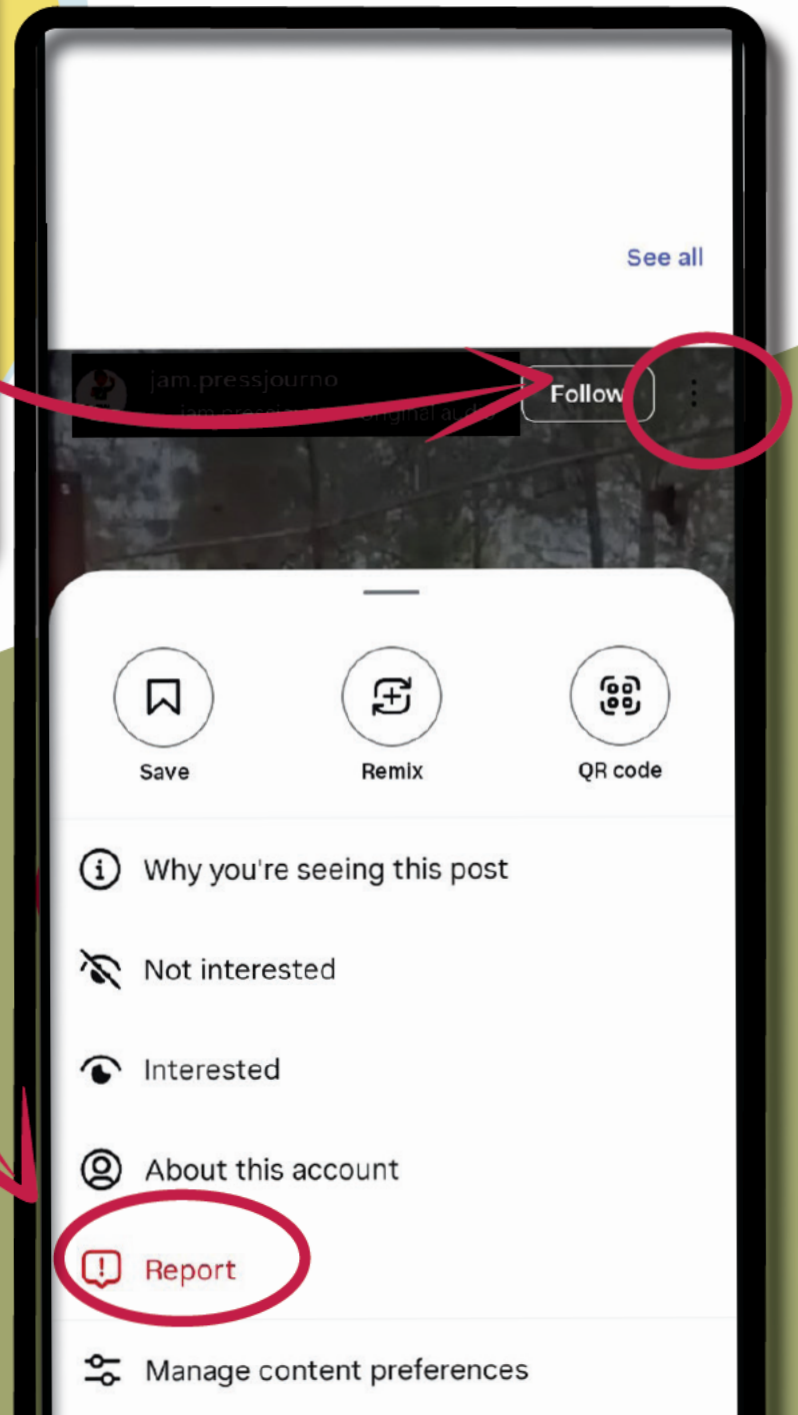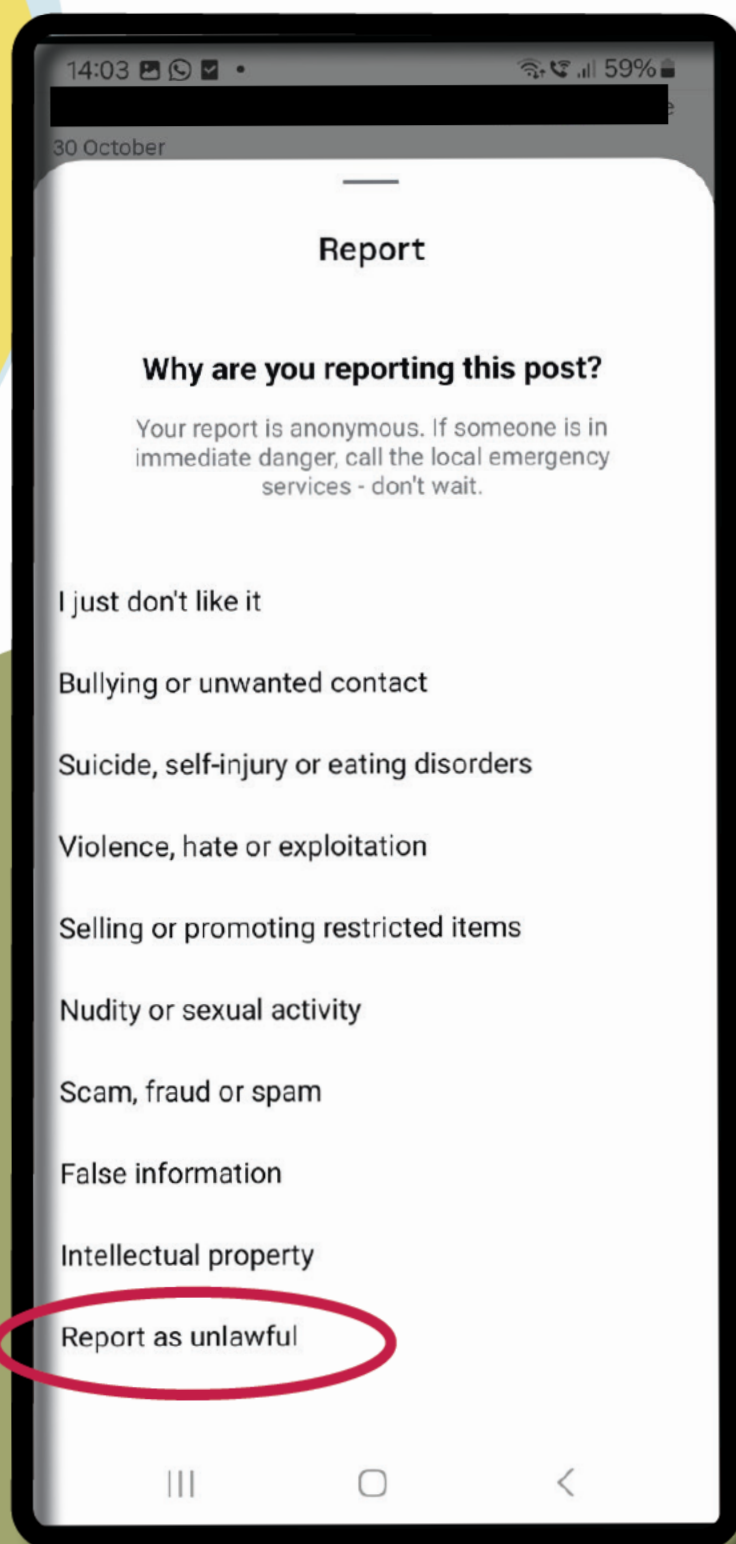
See all

jam.pressjourno

Follow

Save

Remix

QR code

(i) Why you're seeing this post

Not interested

Interested

About this account

(!) Report

Manage content preferences

# How to Report Illegal Content in Posts on the Instagram App

**2**

When you hit **Report**, a screen will appear asking **Why are you reporting this post?** You'll see a menu with a list of options. Scroll down this menu and, if you believe the content breaks the law, tap on the option that says **Report as unlawful** at the bottom of the screen.



14:03 📷 🔵 ☑ •                           📶 📞 .ıl 59% 🔋

30 October

## Report

### Why are you reporting this post?

Your report is anonymous. If someone is in immediate danger, call the local emergency services - don't wait.

I just don't like it

Bullying or unwanted contact

Suicide, self-injury or eating disorders

Violence, hate or exploitation

Selling or promoting restricted items

Nudity or sexual activity

Scam, fraud or spam

False information

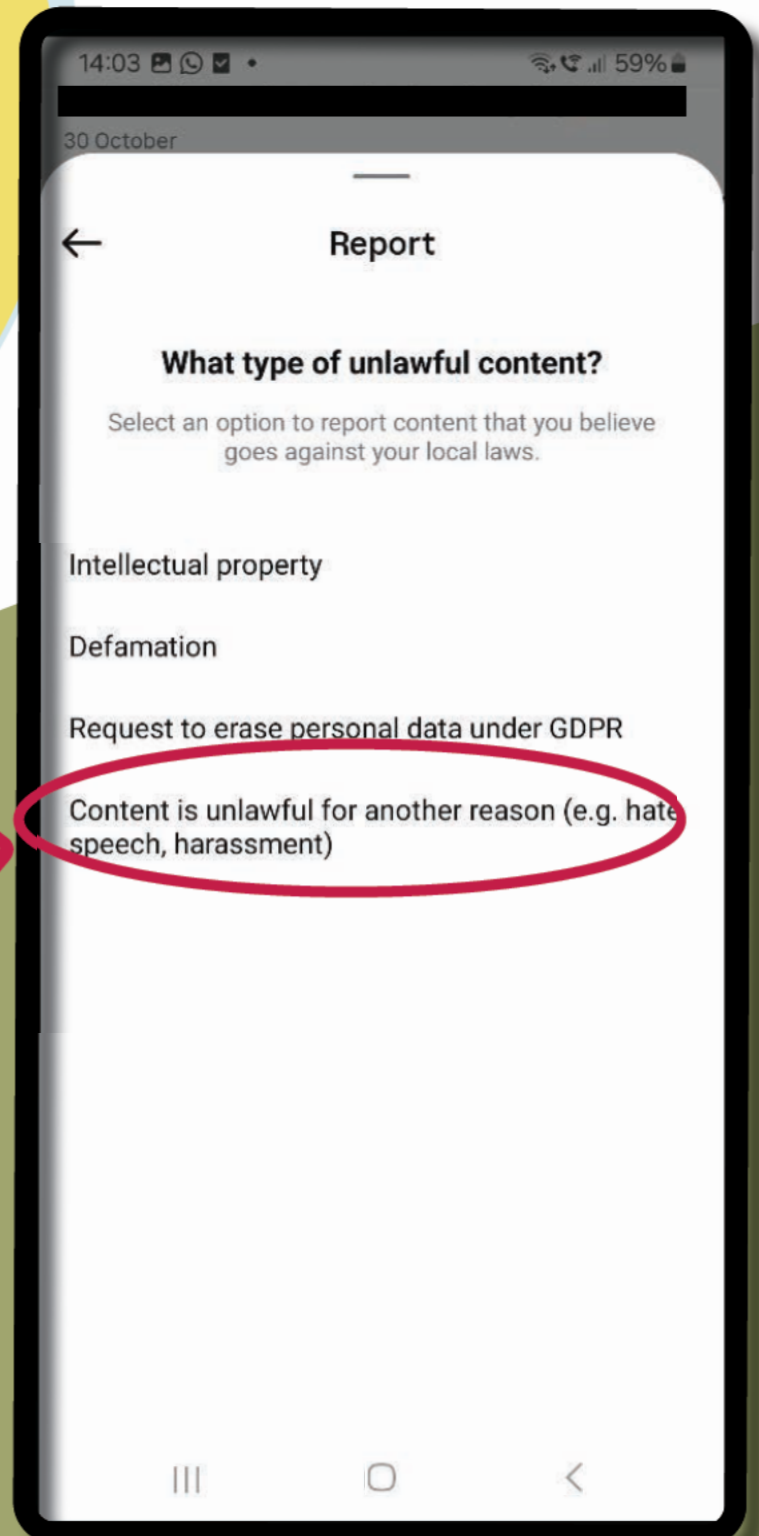Intellectual property

Report as unlawful

# How to Report Illegal Content in Posts on the Instagram App

## 3

On the next screen, you'll be asked to explain the type of unlawful content that you would like to report and you'll see a list of options. Click on the option that best fits your report, or if you're not sure, click on **Content is unlawful for another reason**.

14:03

30 October

← **Report**

### What type of unlawful content?

Select an option to report content that you believe goes against your local laws.

Intellectual property

Defamation

Request to erase personal data under GDPR

Content is unlawful for another reason (e.g. hate speech, harassment)

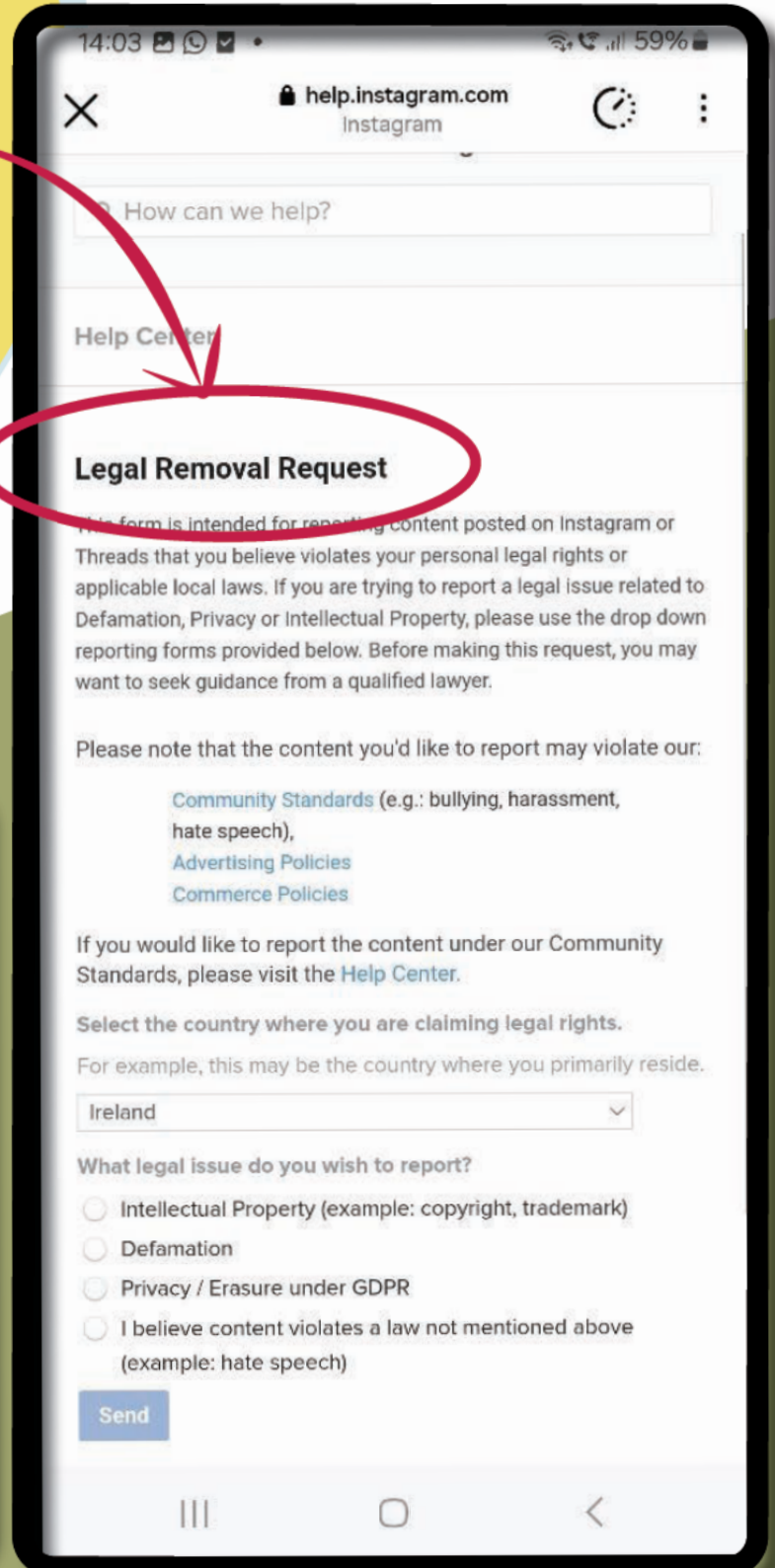# How to Report Illegal Content in Posts on the Instagram App

**4**

Once you choose this option, you'll be directed to a **Legal Removal Request** form where you'll be asked to complete a number of fields, including what country you're from and the URLs of the content you'd like to report. You'll also be asked to confirm that you're making this report in good faith. Once you sign electronically, you submit your report.

**5**

Following Instagram's review, you should receive a notification of the outcome and any action that has been taken in relation to the reported content, as well as any **options for appeal**. Depending on the outcome, Instagram may determine that no further action is necessary, or it may determine it is appropriate to **restrict** or **remove** the content.

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14:03

🔒 help.instagram.com
Instagram

How can we help?

Help Center

**Legal Removal Request**

This form is intended for reporting content posted on Instagram or Threads that you believe violates your personal legal rights or applicable local laws. If you are trying to report a legal issue related to Defamation, Privacy or Intellectual Property, please use the drop down reporting forms provided below. Before making this request, you may want to seek guidance from a qualified lawyer.

Please note that the content you'd like to report may violate our:

Community Standards (e.g.: bullying, harassment, hate speech),

Advertising Policies

Commerce Policies

If you would like to report the content under our Community Standards, please visit the Help Center.

Select the country where you are claiming legal rights.

For example, this may be the country where you primarily reside.

Ireland

What legal issue do you wish to report?

○ Intellectual Property (example: copyright, trademark)

○ Defamation

○ Privacy / Erasure under GDPR

○ I believe content violates a law not mentioned above (example: hate speech)

Send

# How to Report Harmful Content
# in Posts on the Instagram App

**1**

If you see content on Instagram that you think is harmful – or you think it breaches its **Community Standards** or rules – and you'd like to report it, the process is similar. At the top right-hand side of the post that you'd like to report, click on the **three dots** or ellipsis. Again, you'll see a list of options, including an option to **Report**.
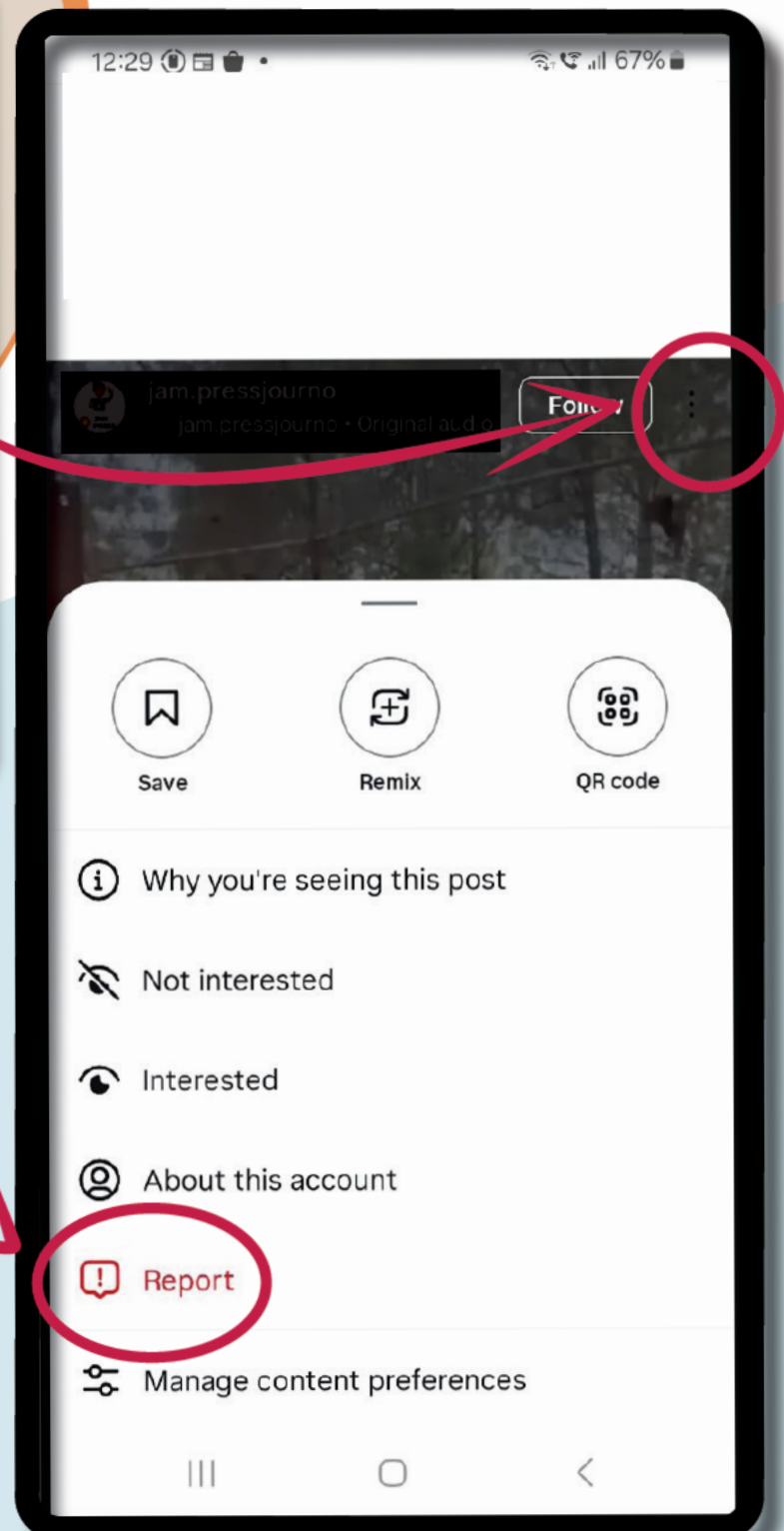
12:29    67%

jam.pressjourno
jam.pressjourno · Original audio    Follow   ⋮

Save     Remix     QR code

ⓘ   Why you're seeing this post

  Not interested

  Interested

  About this account

⚠   Report

  Manage content preferences

# How to Report Harmful Content
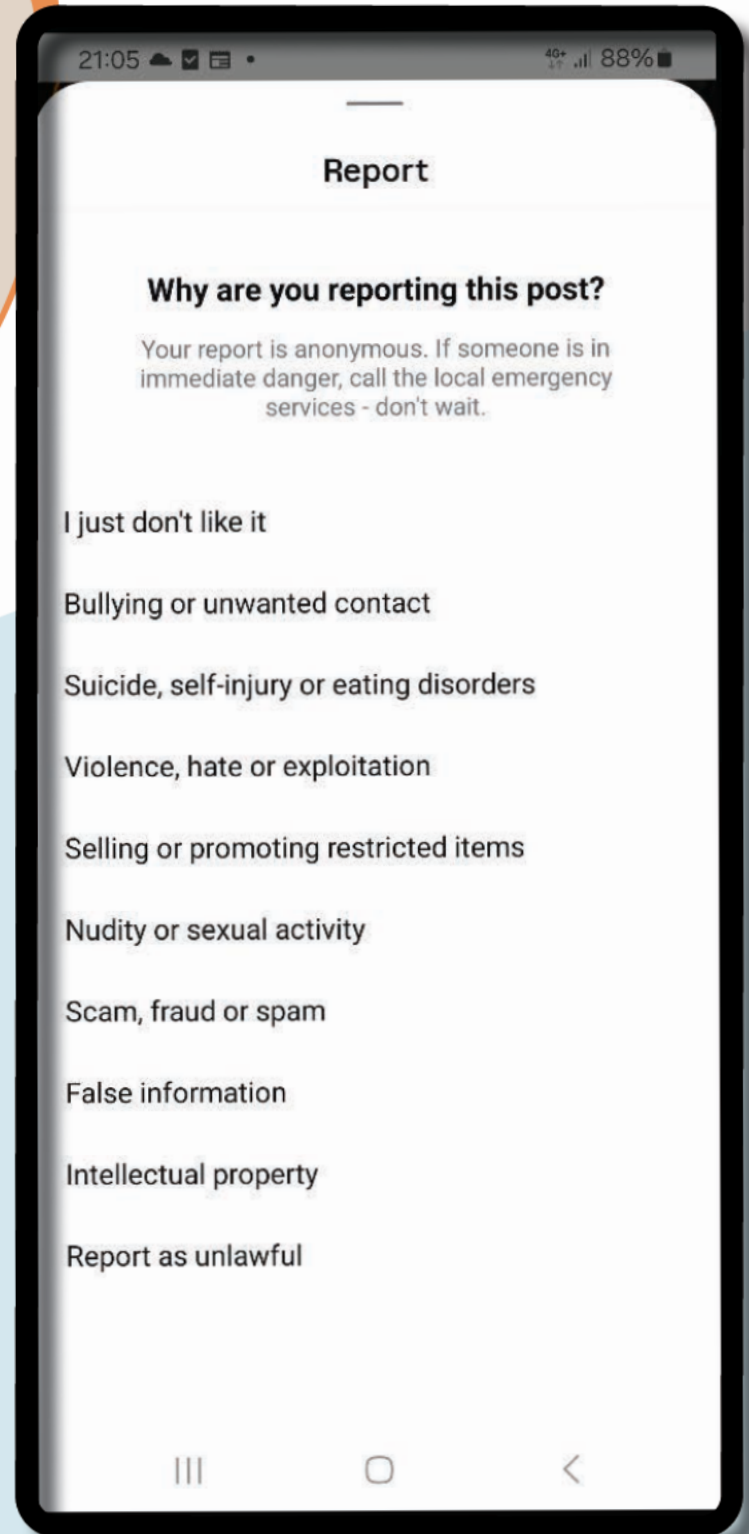# in Posts on the Instagram App

**2**

When you hit **Report**, a screen will appear asking **Why are you reporting this post?** You'll be asked to select a reason for your report. This menu represents the Community Standards of Instagram.

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21:05 · 4G+ 88%

### Report

### Why are you reporting this post?

Your report is anonymous. If someone is in immediate danger, call the local emergency services - don't wait.

I just don't like it

Bullying or unwanted contact

Suicide, self-injury or eating disorders

Violence, hate or exploitation

Selling or promoting restricted items

Nudity or sexual activity

Scam, fraud or spam

False information

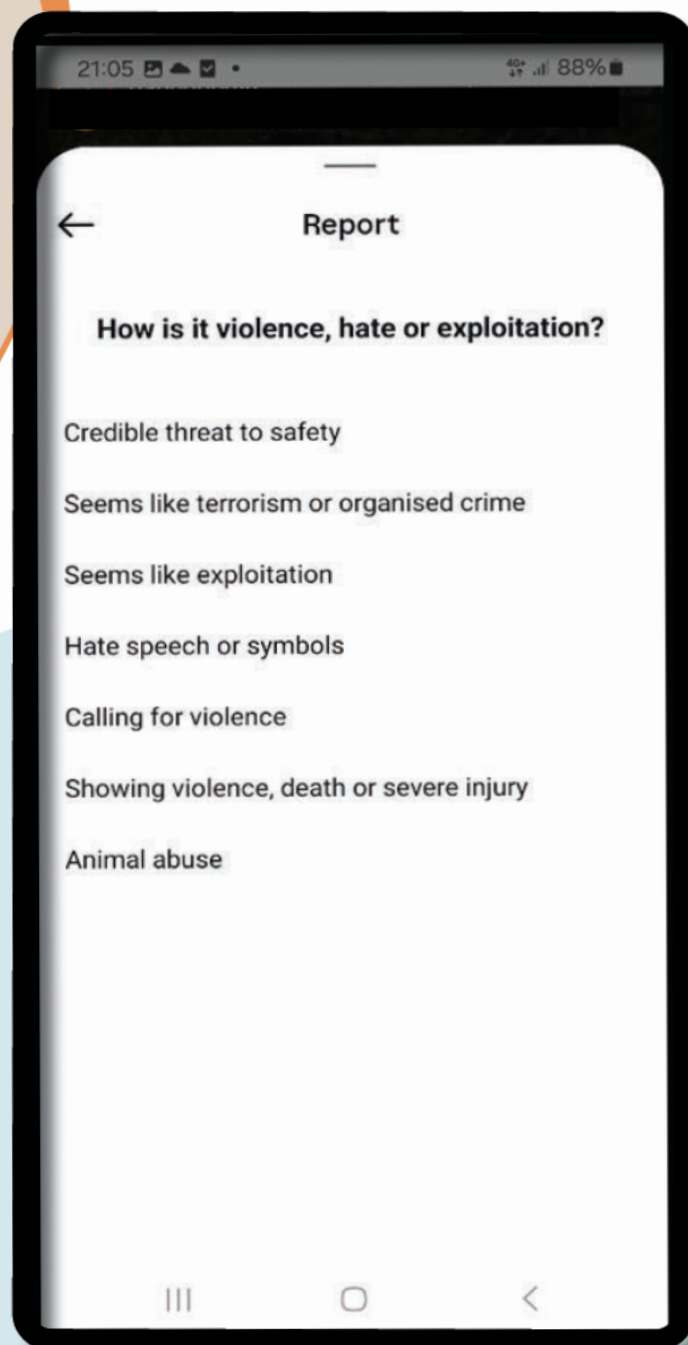Intellectual property

Report as unlawful

# How to Report Harmful Content
# in Posts on the Instagram App

**3**

Depending on what option you choose, you may be asked follow-on questions. Here we are reporting **violence, hate or exploitation**.

21:05            88%

←      **Report**

**How is it violence, hate or exploitation?**

Credible threat to safety

Seems like terrorism or organised crime

Seems like exploitation

Hate speech or symbols

Calling for violence

Showing violence, death or severe injury

Animal abuse

# How to Report Harmful Content

# in Posts on the Instagram App

## 4

Once you have answered these questions, you'll receive a **summary of your report to review** before pressing **Submit**.

21:05 · 4G 88%

← **Report**

**You're about to submit a report**

We only remove content that goes against our **Community Standards.**

**Report details**

Why are you reporting this post?
Violence, hate or exploitation

How is it violence, hate or exploitation?
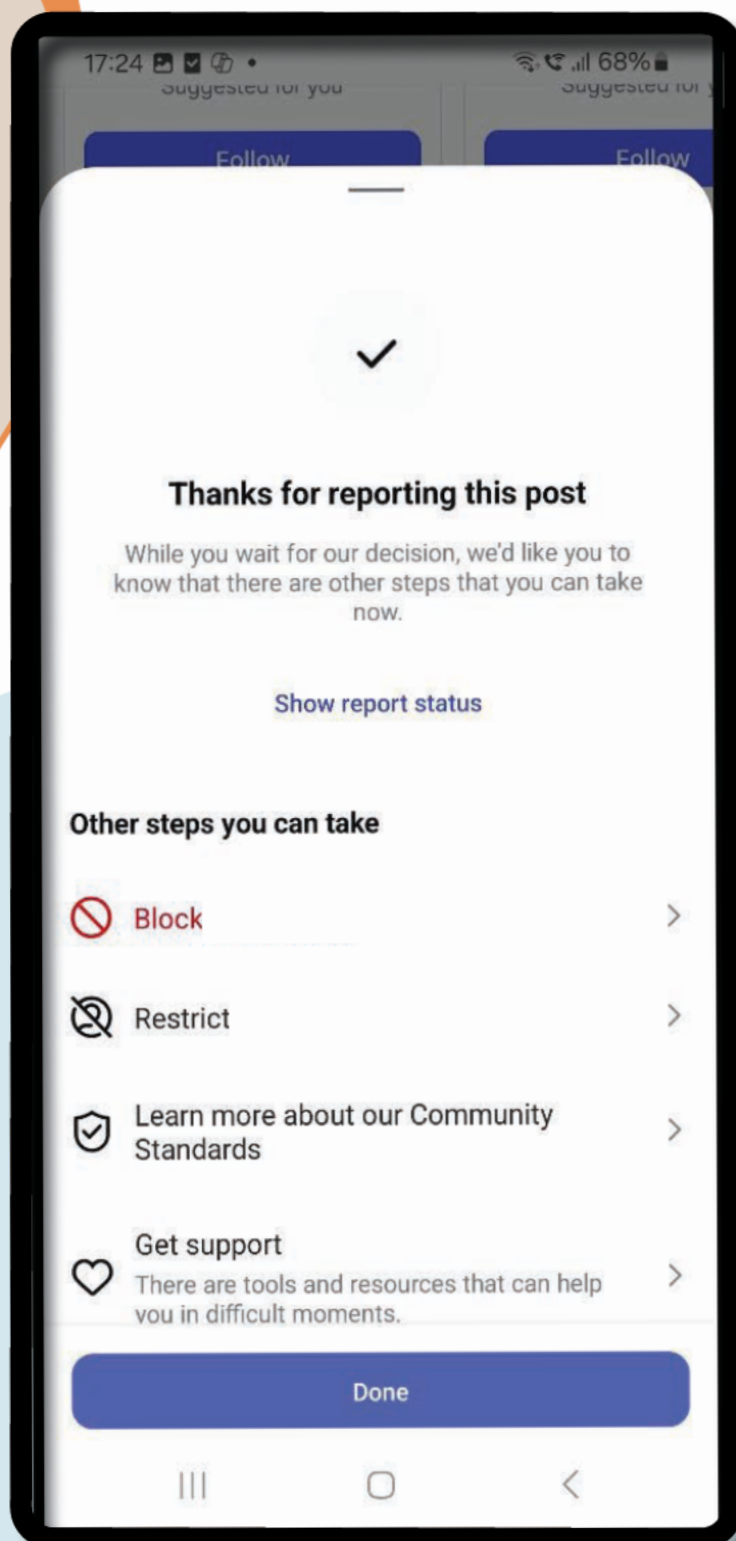Showing violence, death or severe injury
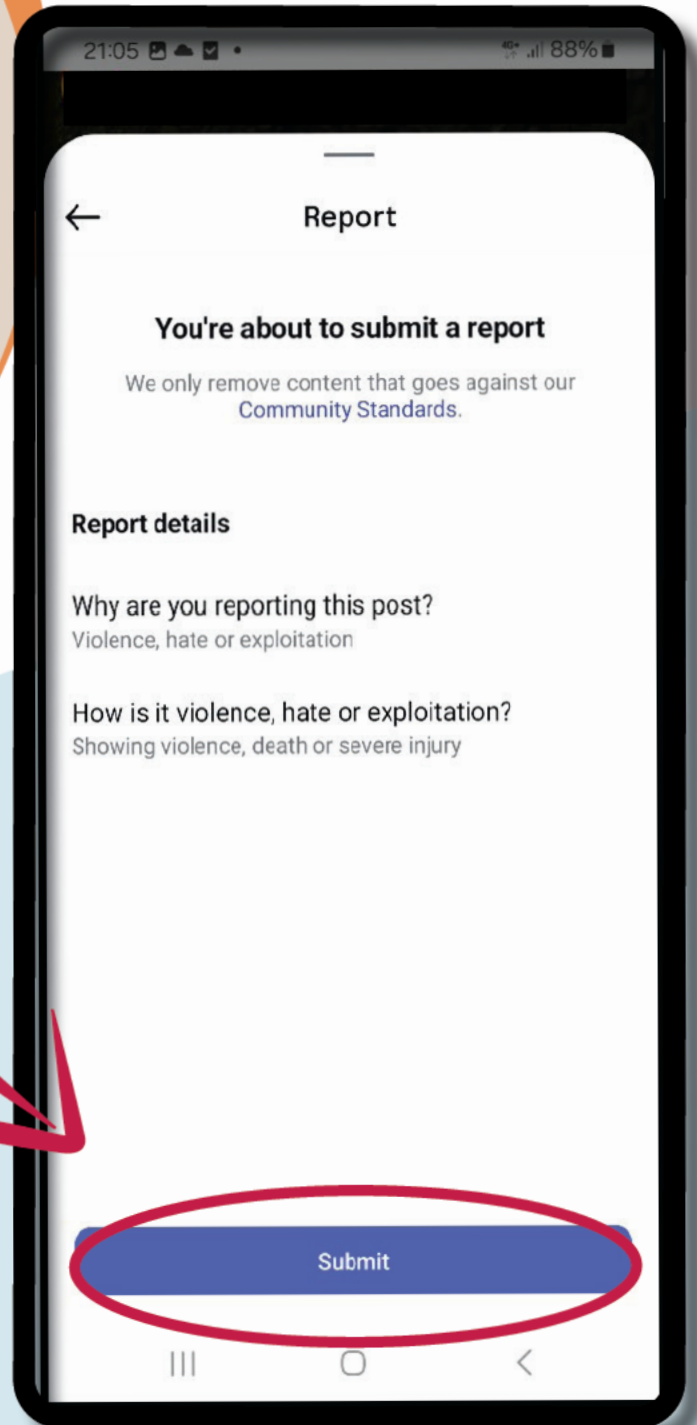
**Submit**

# How to Report Harmful Content
# in Posts on the Instagram App

**5**

Once you press **Submit**, you'll receive an automated response confirming the platform has received your report, as well as **other actions** you can take while you wait for the outcome of your report.

17:24   68%

**Thanks for reporting this post**

While you wait for our decision, we'd like you to know that there are other steps that you can take now.

**Show report status**

**Other steps you can take**

🚫 Block 〉

🚫 Restrict 〉

🛡 Learn more about our Community Standards 〉

♡ Get support
There are tools and resources that can help you in difficult moments. 〉
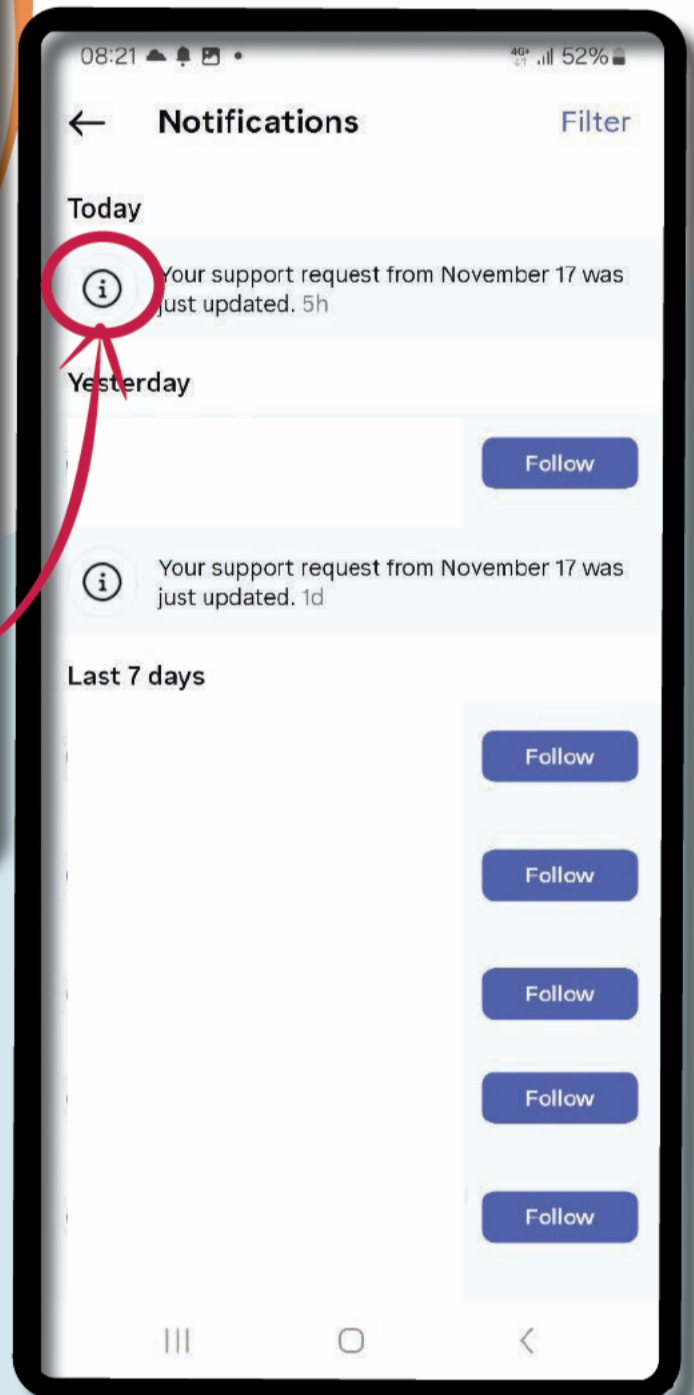
**Done**

# How to Report Harmful Content
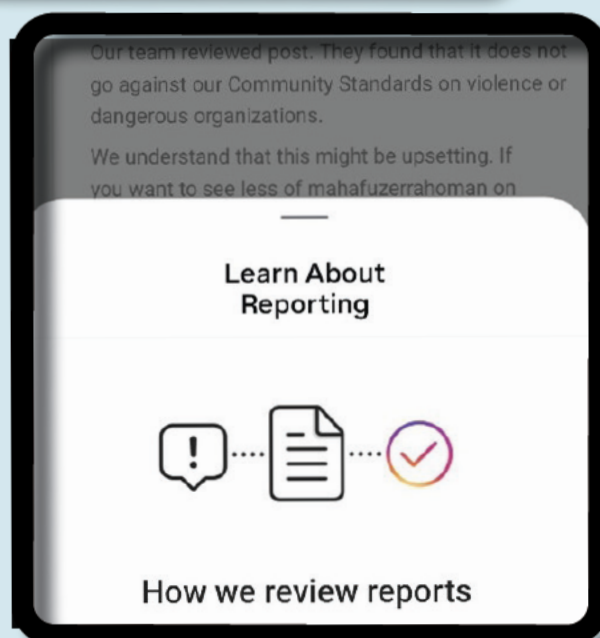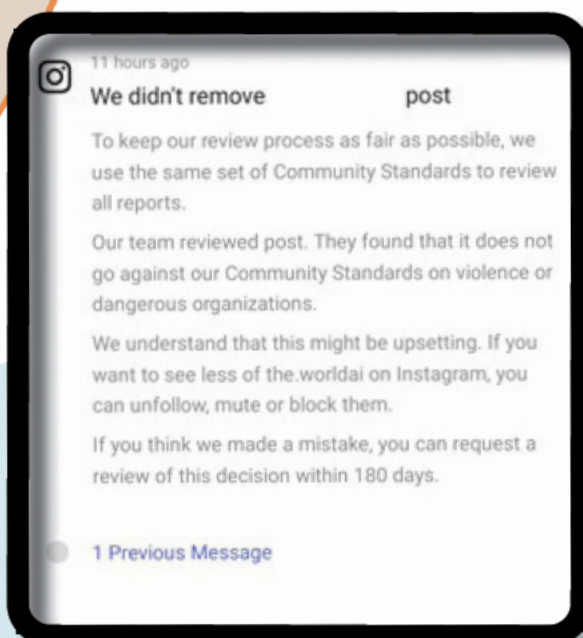## in Posts on the Instagram App

**6**

Following Instagram's review, you should receive a notification of the outcome and any action that has been taken in relation to the reported content, as well as any options for appeal. The notification will let you know that your **support request** has been updated. Clicking on the ⓘ icon at the left of the notification will bring you to a screen that provides the decision on your report.

08:21

**Notifications**          Filter

**Today**

ⓘ   Your support request from November 17 was just updated. 5h

**Yesterday**

Follow

ⓘ   Your support request from November 17 was just updated. 1d

**Last 7 days**

Follow

Follow

Follow

Follow

Follow

# How to Report Harmful Content
# in Posts on the Instagram App

Depending on the outcome, Instagram may determine that no further action is necessary, or it may determine it is appropriate to **restrict** or **remove** the content.

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14:09 · · 🛜 📞 � 50%

← **Report**

## This post wasn't removed, but we still want to help

Our team reviewed mahafuzerrahoman's post. They found that it does not go against our Community Standards on violence or dangerous organizations.

See report details and available appeal optio...

**Other tools that can help**

🚫 Block >

🚫 Restrict >

🛡 Learn more about our Community Standards >

♡ Get support
There are tools and resources that can help you in difficult moments. >

---

11 hours ago

We didn't remove          post

To keep our review process as fair as possible, we use the same set of Community Standards to review all reports.

Our team reviewed post. They found that it does not go against our Community Standards on violence or dangerous organizations.

We understand that this might be upsetting. If you want to see less of the.worldai on Instagram, you can unfollow, mute or block them.

If you think we made a mistake, you can request a review of this decision within 180 days.

1 Previous Message

---

Our team reviewed post. They found that it does not go against our Community Standards on violence or dangerous organizations.

We understand that this might be upsetting. If you want to see less of mahafuzerrahoman on

**Learn About Reporting**

⚠ ···· 📄 ···· ✓

How we review reports

# How to Report Harmful Content
# in Posts on the Instagram App

**Coimisiún na Meán**

**7**

To see the status of your reports at any time in your **Support requests folder**, you can go to the **Help section** of your main settings page. To do this, you'll need to click on your profile at the bottom right-hand side of the screen and then click on the three horizontal lines that appear on the top right-hand side.
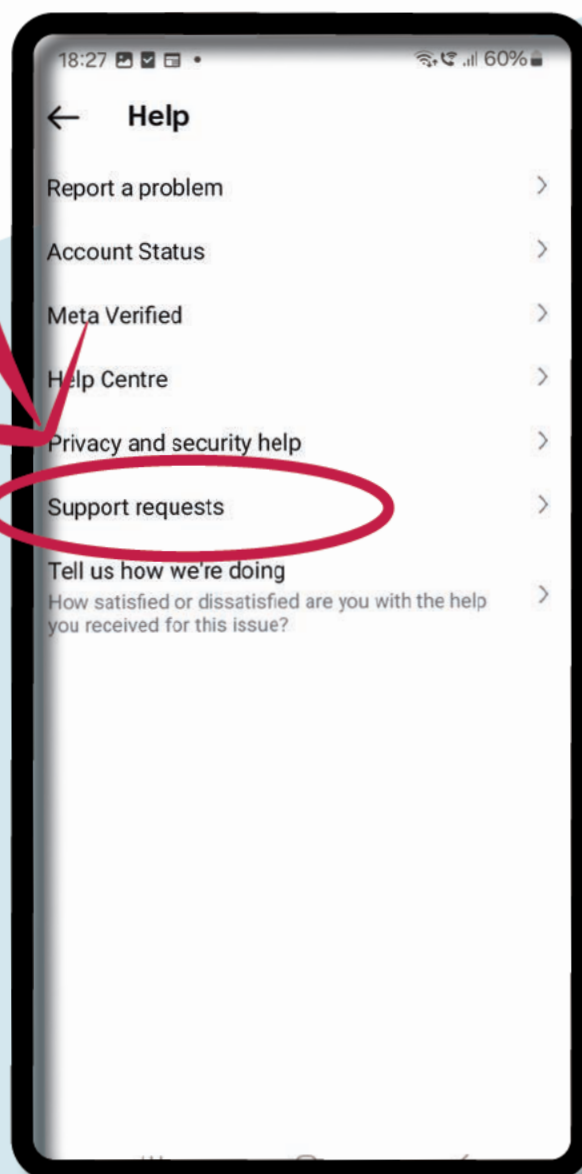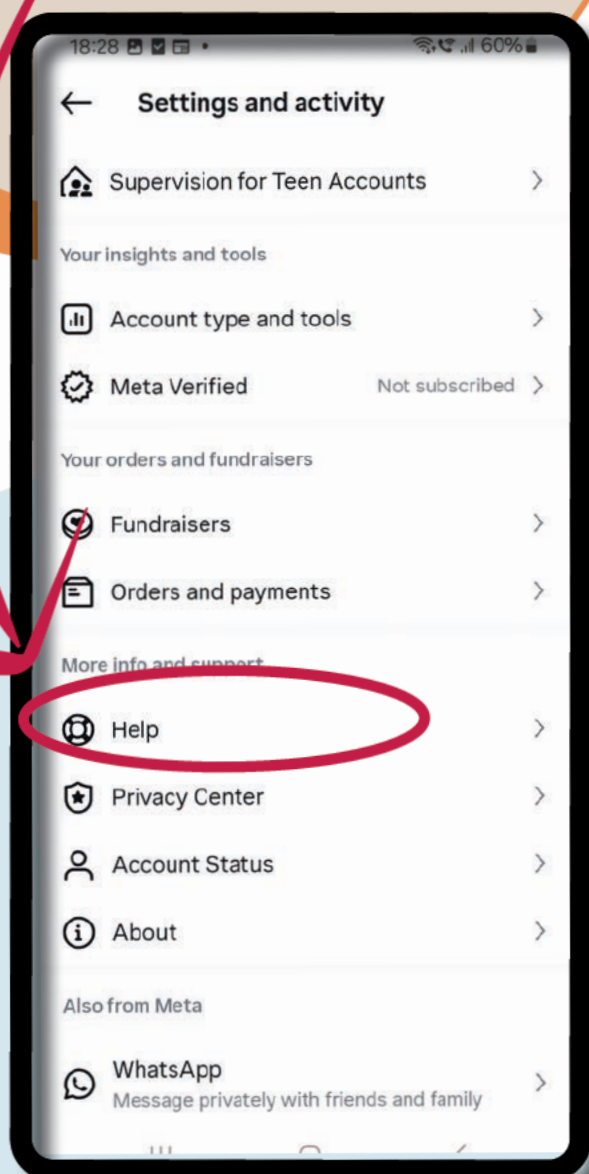
Coimisiún
na Meán
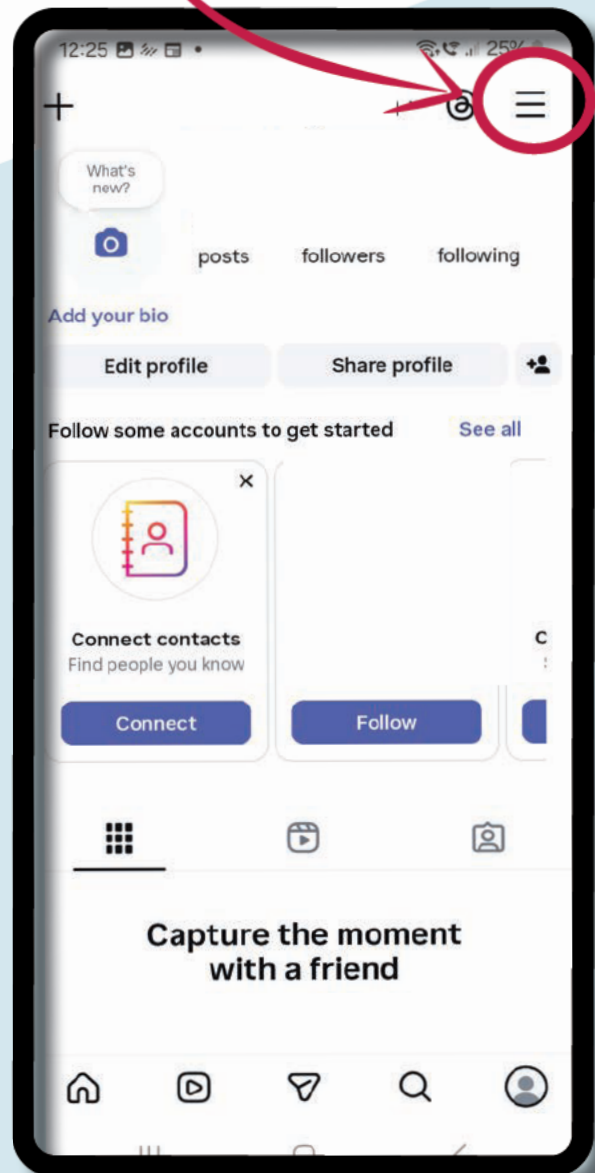
**8**

You'll need to scroll down until you see **Help**. Clicking on this will bring you to another list of options. Click on **Support requests**.

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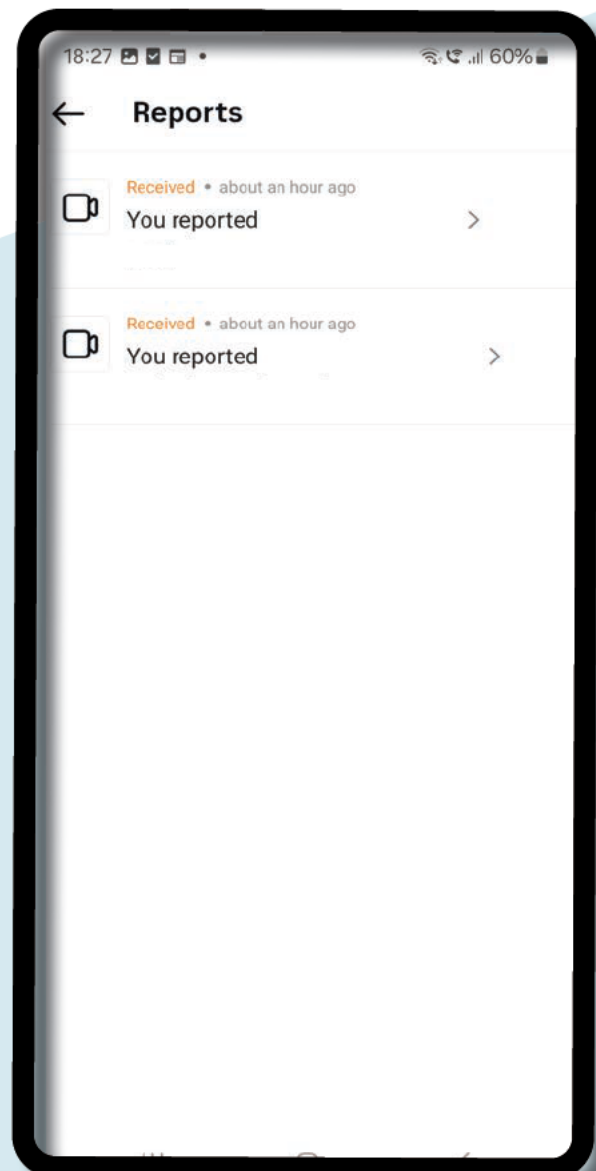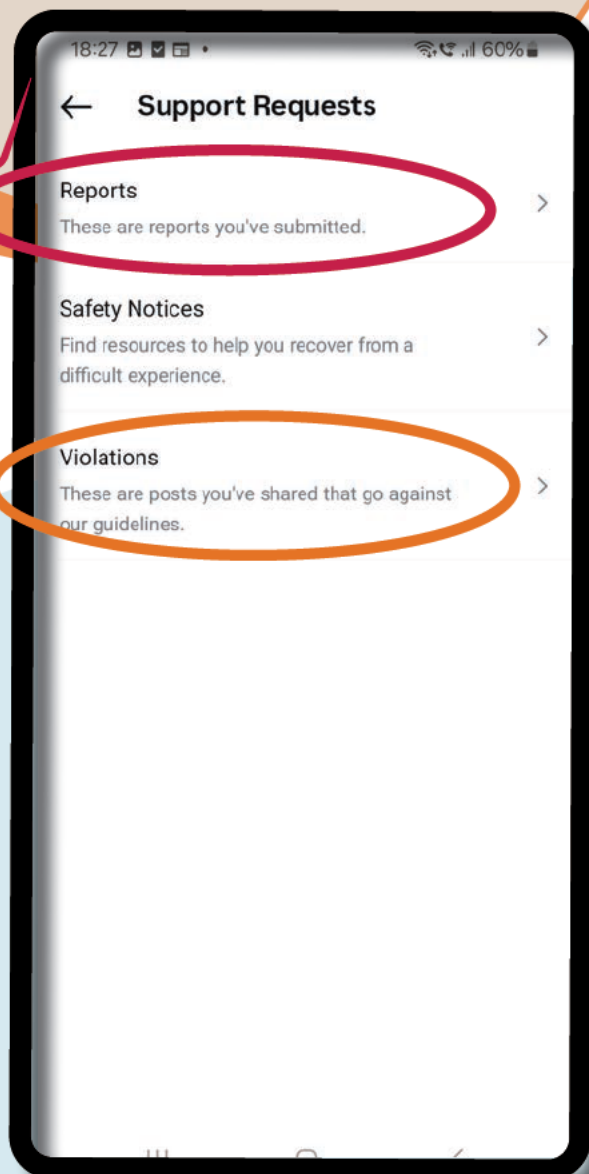
18:28     60%

← **Settings and activity**

🏠 Supervision for Teen Accounts    ›

*Your insights and tools*

📊 Account type and tools    ›

✪ Meta Verified    Not subscribed ›

*Your orders and fundraisers*

⊘ Fundraisers    ›

🗂 Orders and payments    ›

*More info and support*

🛟 Help    ›

★ Privacy Center    ›

👤 Account Status    ›

ⓘ About    ›

*Also from Meta*

⊘ WhatsApp    ›
    Message privately with friends and family

---

18:27     60%

← **Help**

Report a problem    ›

Account Status    ›

Meta Verified    ›

Help Centre    ›

Privacy and security help    ›

Support requests    ›

Tell us how we're doing    ›
How satisfied or dissatisfied are you with the help you received for this issue?

**9**

On the next screen, choose **Reports** and you'll see a list of all the reports you have made about other posts on Instagram. Where it says **Violations**, this will show any reports that others have made about you, but you won't know who made them. Clicking on each report will show its outcome.

18:27         60%

← **Support Requests**

Reports
These are reports you've submitted.     >

Safety Notices
Find resources to help you recover from a difficult experience.     >

Violations
These are posts you've shared that go against our guidelines.     >

18:27         60%

← **Reports**

Received • about an hour ago
You reported     >

Received • about an hour ago
You reported     >

# Links to Further Resources

## Instagram supports

- How to report content on Instagram: **help.instagram.com/2922067214679225/?helpref=related_articles**
- How to report illegal content on Instagram: **help.instagram.com/874680996209917/?helpref=hc_fnav**
- Instagram Community Standards: **transparency.meta.com/policies/community-standards**

## Coimisiún na Meán resources

- For a helpful table of laws in Ireland, go to **www.cnam.ie/general-public/online-safety/what-is-illegal-content**
- See our other guides at **www.cnam.ie/general-public/guides-resources**