

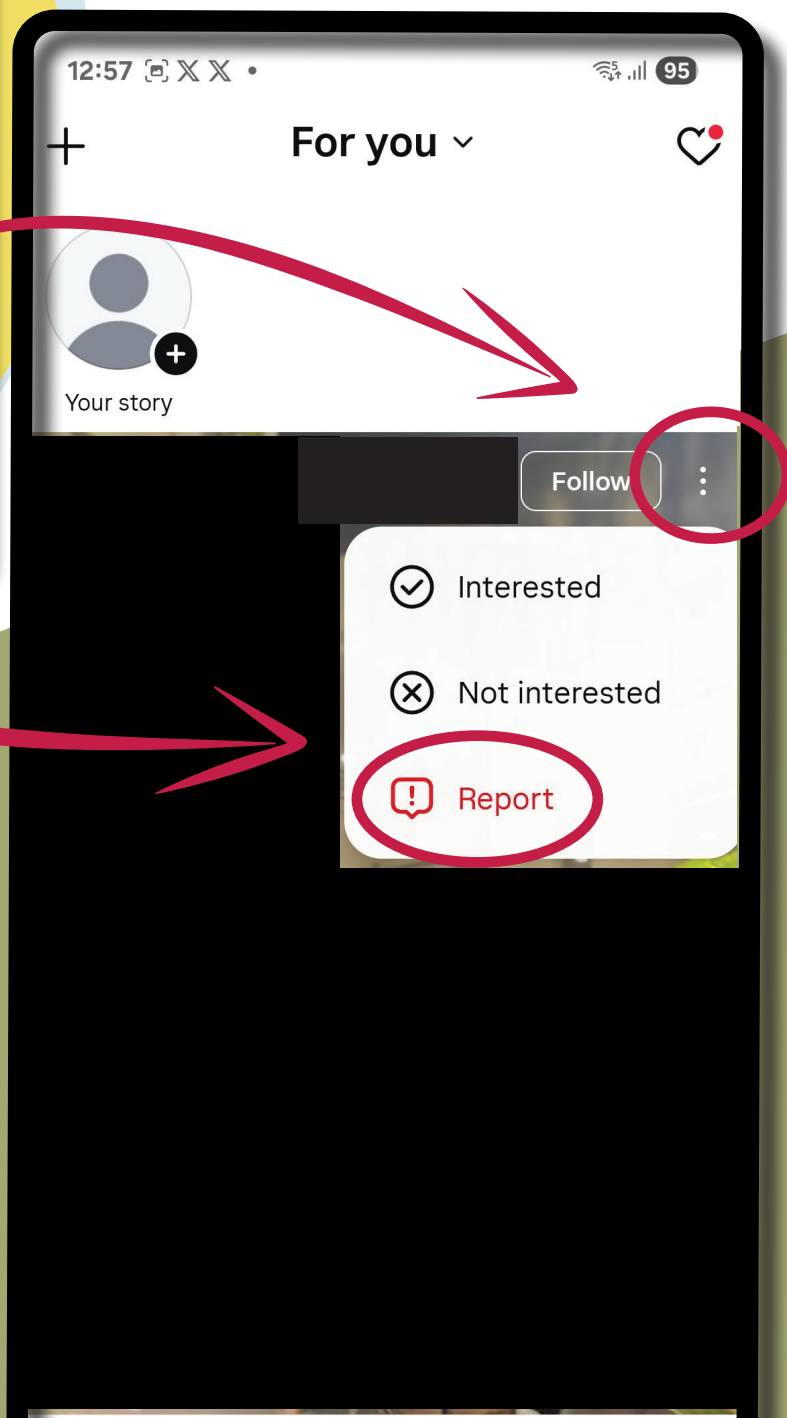
How to Report Illegal Content in Posts on the Instagram App



1

Open the Instagram app on your phone. If you think the content in a post might be breaking the law, tap the **three dots** at the top or bottom right-hand side of the screen and then tap **Report**.

NOTE
This is one way to report harmful or illegal content, but there may be others.



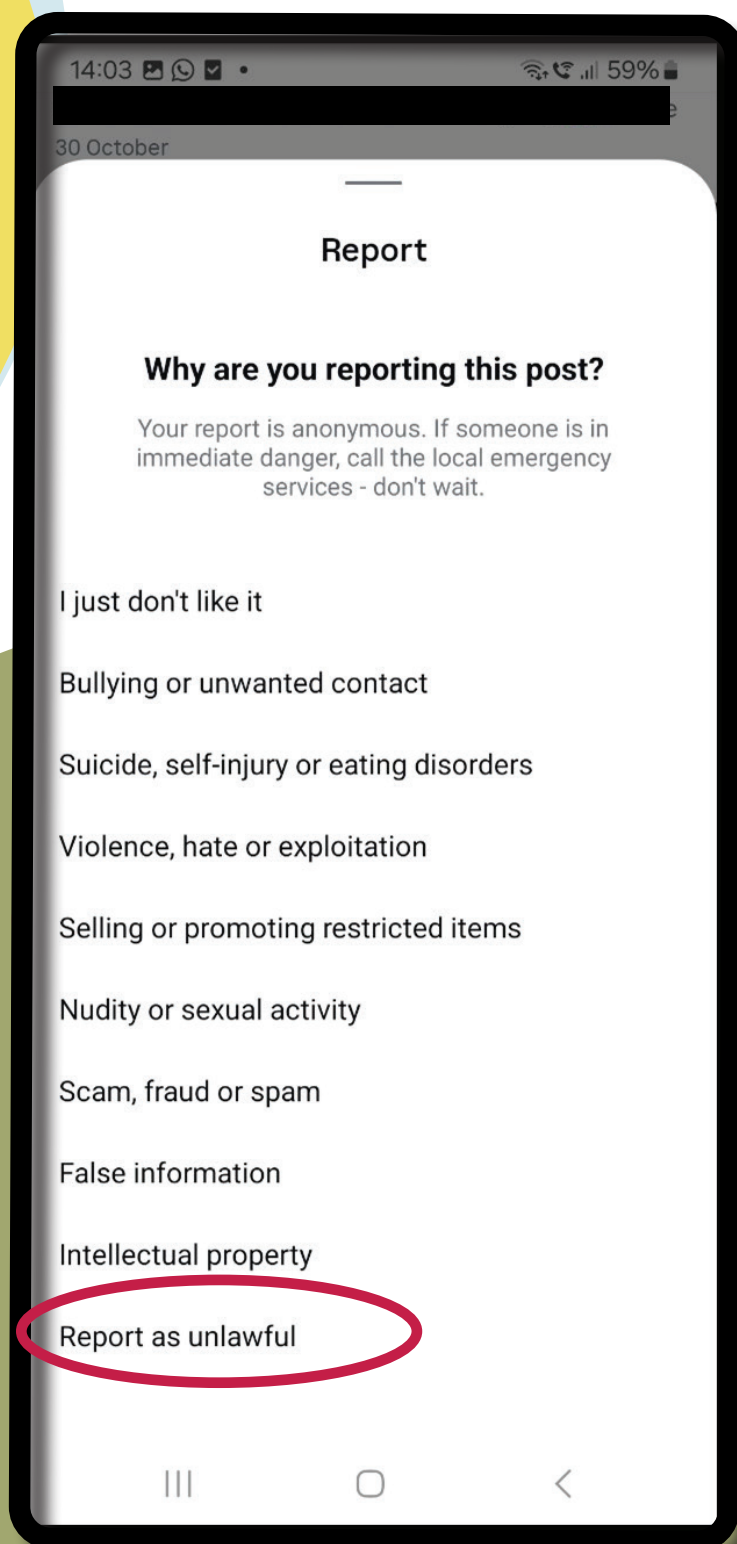
Disclaimer: These guides provide examples and information to help the public understand the reporting methods on Instagram as of July 2026. They are illustrative only, do not constitute legal advice and do not represent the views or opinions of Coimisiún na Meán, including as to whether the reporting methods comply with relevant regulatory requirements or otherwise. From time to time, reporting methods on Instagram may change, and we will try to keep these guides up to date.

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2

When you tap **Report**, a menu will appear with a list of options. Scroll down this menu and, if you believe the content breaks the law, tap on the option that says **Report as unlawful** at the bottom of the screen.

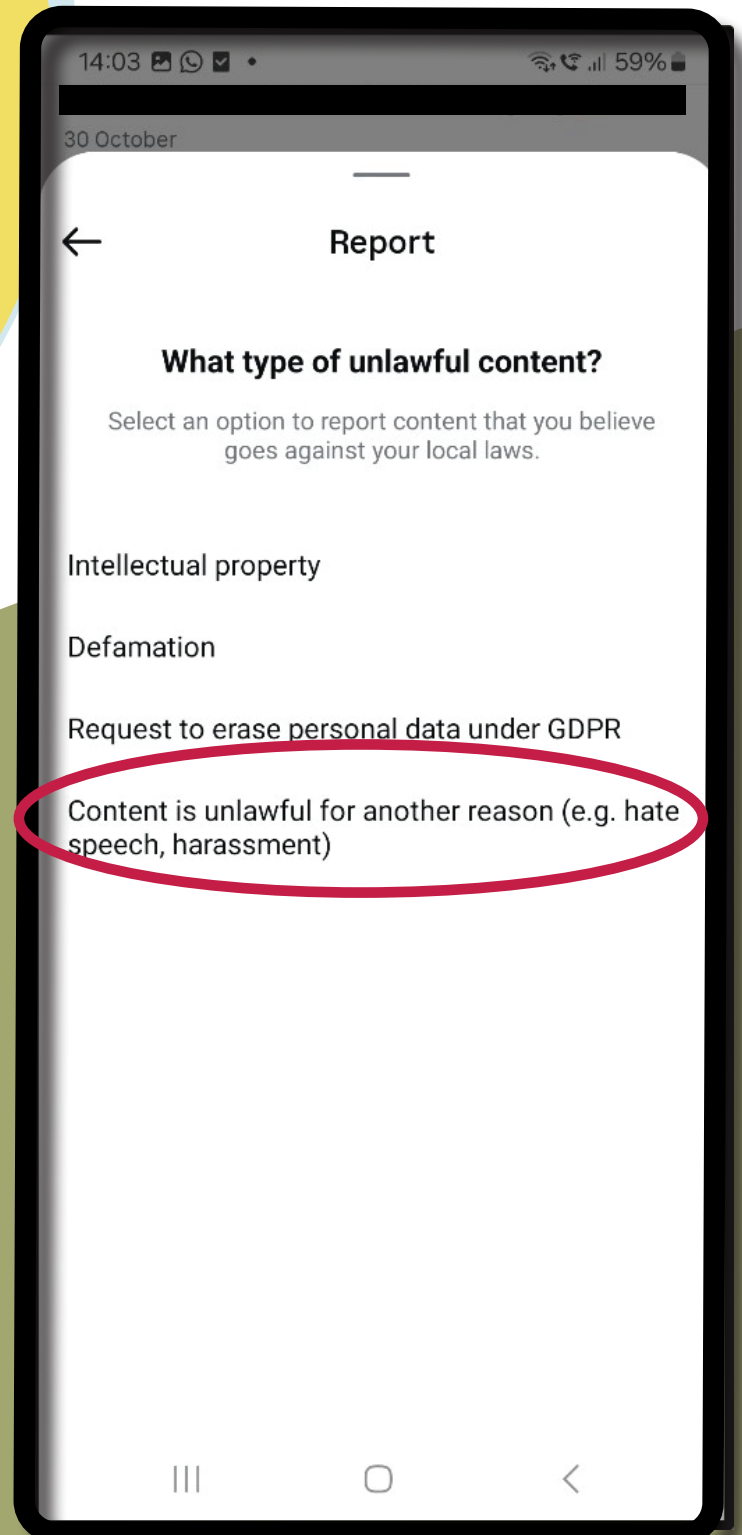


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3

On the next screen, you'll be asked to explain the type of unlawful content that you would like to report and you'll see a list of options. Tap the option that best fits your report, or if you're not sure, tap **Content is unlawful for another reason.**





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Once you choose this option, you'll be directed to a **Legal Removal Request** form where you'll be asked to complete a number of fields, including what country you're from and the URLs of the content you'd like to report. You'll also be asked to confirm that you're making this report in good faith. Once you sign electronically, you submit your report.

5

Following Instagram's review, you should receive a notification of the outcome and any action that has been taken in relation to the reported content, as well as any **options for appeal**. Depending on the outcome, Instagram may determine that no further action is necessary, or it may determine it is appropriate to **restrict** or **remove** the content.

The screenshot shows the 'Legal Removal Request' form on a mobile device. The browser address bar shows 'help.instagram.com'. The form title is 'Legal Removal Request'. The introductory text states: 'This form is intended for reporting content posted on Instagram or Threads that you believe violates your personal legal rights or applicable local laws. If you are trying to report a legal issue related to Defamation, Privacy or Intellectual Property, please use the drop down reporting forms provided below. Before making this request, you may want to seek guidance from a qualified lawyer.' Below this, it says 'Please note that the content you'd like to report may violate our:' followed by three links: 'Community Standards (e.g.: bullying, harassment, hate speech)', 'Advertising Policies', and 'Commerce Policies'. A note follows: 'If you would like to report the content under our Community Standards, please visit the Help Center.' Then, it asks 'Select the country where you are claiming legal rights.' with an example: 'For example, this may be the country where you primarily reside.' A dropdown menu shows 'Ireland'. Below that, it asks 'What legal issue do you wish to report?' with five radio button options: 'Intellectual Property (example: copyright, trademark)', 'Defamation', 'Privacy / Erasure under GDPR', 'I believe content violates a law not mentioned above (example: hate speech)', and 'Elections'. A blue 'Send' button is at the bottom of the form. At the very bottom of the screen, there is a footer with links: 'ABOUT US', 'HELP', 'API', 'JOBS', 'TERMS', 'PRIVACY', and '© 2026 INSTAGRAM, INC.'. Below that are language options: 'ENGLISH (US)', 'GAELIGE', 'POLSKI', and 'LIETUVIU'.

17:55 59

× help.instagram.com Instagram

Legal Removal Request

This form is intended for reporting content posted on Instagram or Threads that you believe violates your personal legal rights or applicable local laws. If you are trying to report a legal issue related to Defamation, Privacy or Intellectual Property, please use the drop down reporting forms provided below. Before making this request, you may want to seek guidance from a qualified lawyer.

Please note that the content you'd like to report may violate our:

- [Community Standards](#) (e.g.: bullying, harassment, hate speech),
- [Advertising Policies](#)
- [Commerce Policies](#)

If you would like to report the content under our Community Standards, please visit the [Help Center](#).

Select the country where you are claiming legal rights.

For example, this may be the country where you primarily reside.

Ireland

What legal issue do you wish to report?

- ☐ Intellectual Property (example: copyright, trademark)
- ☐ Defamation
- ☐ Privacy / Erasure under GDPR
- ☐ I believe content violates a law not mentioned above (example: hate speech)
- ☐ Elections

Send

ABOUT US HELP API JOBS TERMS PRIVACY
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ENGLISH (US) GAELIGE POLSKI LIETUVIU

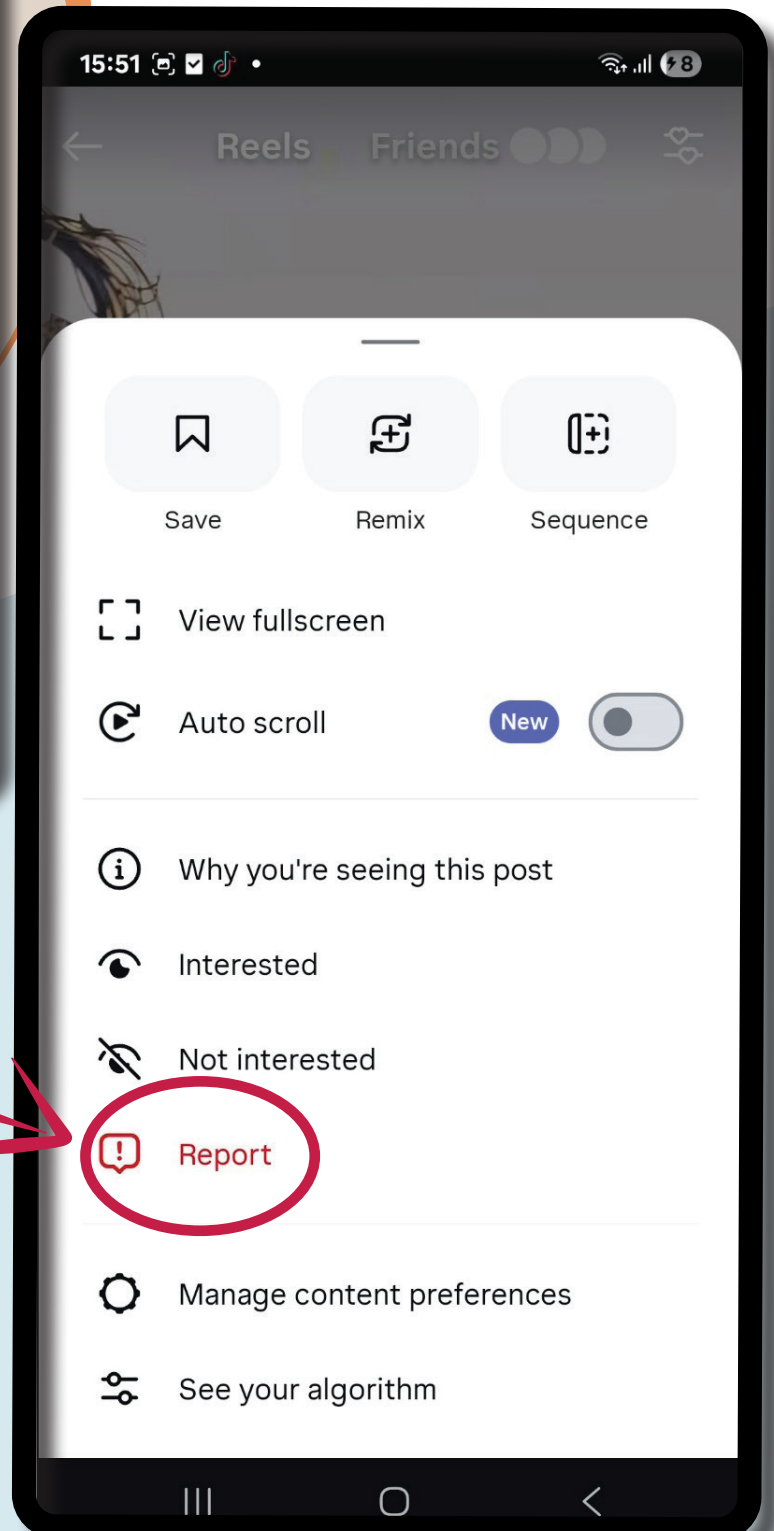
How to Report Harmful Content in Posts on the Instagram App



1

If you see content on Instagram that you think is harmful – or you think it breaches its **Community Standards** or rules – and you'd like to report it, the process is similar.

At the right-hand side of the post that you'd like to report, tap the **three dots** or ellipsis at the top or bottom of the screen. Again, you'll see a list of options, including an option to **Report**.

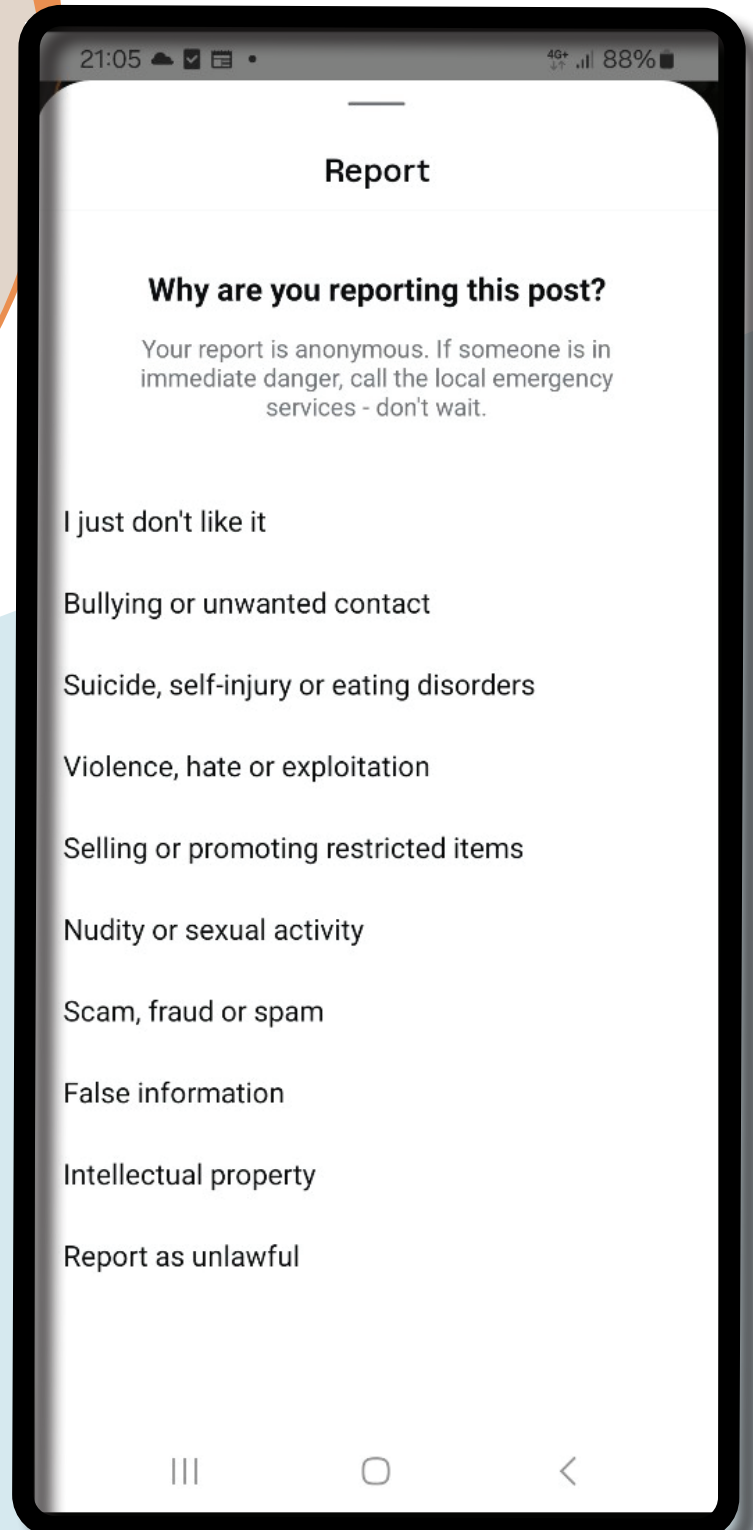


How to Report Harmful Content in Posts on the Instagram App



2

When you tap **Report**, a screen will appear asking **Why are you reporting this post?** You'll be asked to select a reason for your report. This menu represents the Community Standards of Instagram.

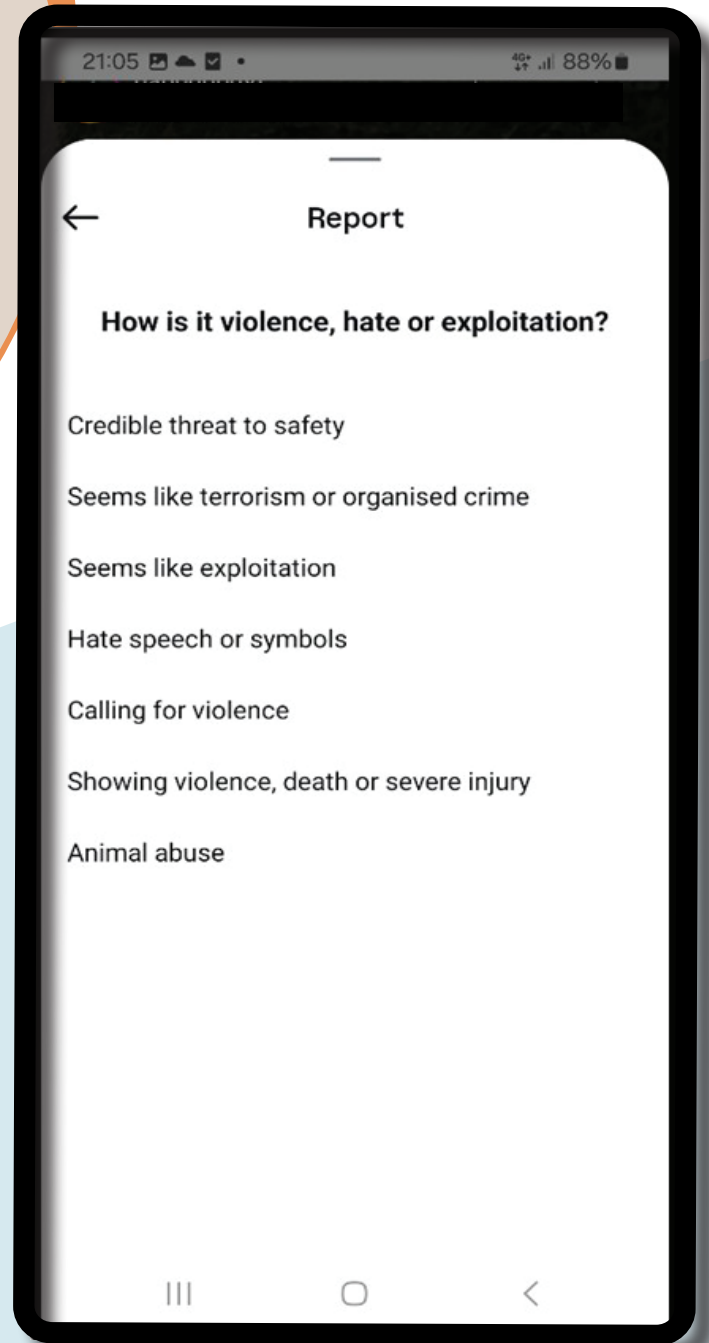


How to Report Harmful Content in Posts on the Instagram App



3

Depending on what option you choose, you may be asked follow-on questions. Here we are reporting **violence, hate or exploitation**.

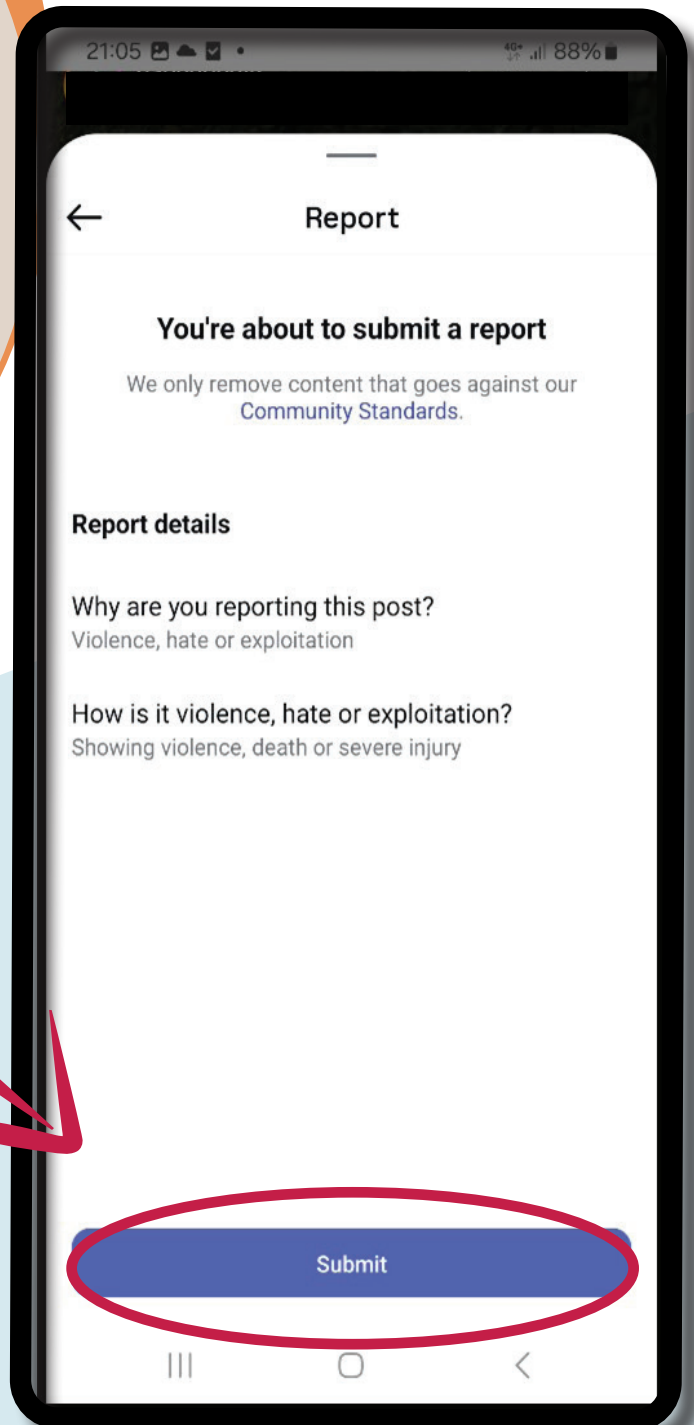


How to Report Harmful Content in Posts on the Instagram App



4

Once you have answered these questions, you'll receive a **summary of your report to review** before tapping **Submit**.

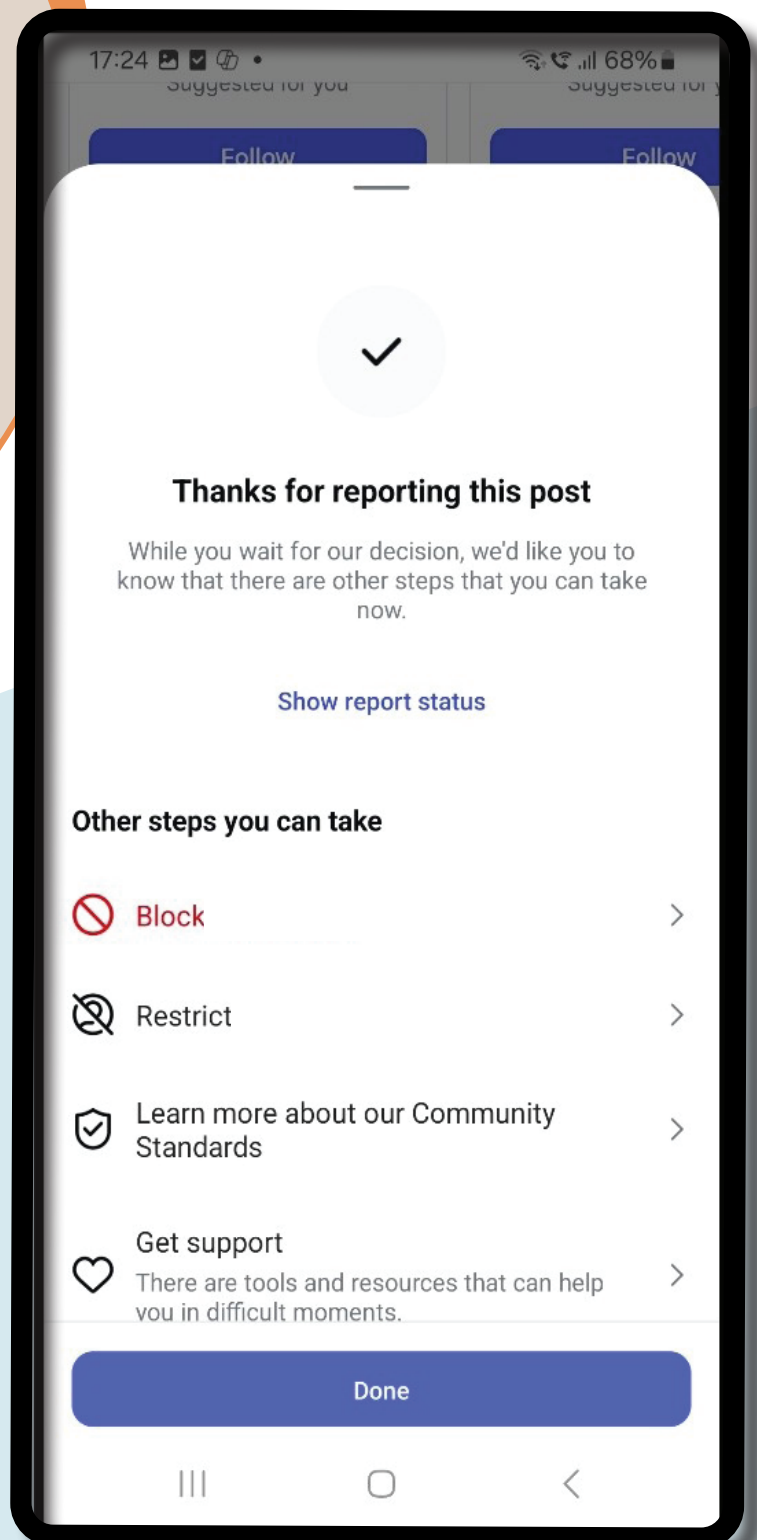


How to Report Harmful Content in Posts on the Instagram App



5

Once you tap **Submit**, you'll receive an automated response confirming the platform has received your report, as well as **other actions** you can take while you wait for the outcome of your report.

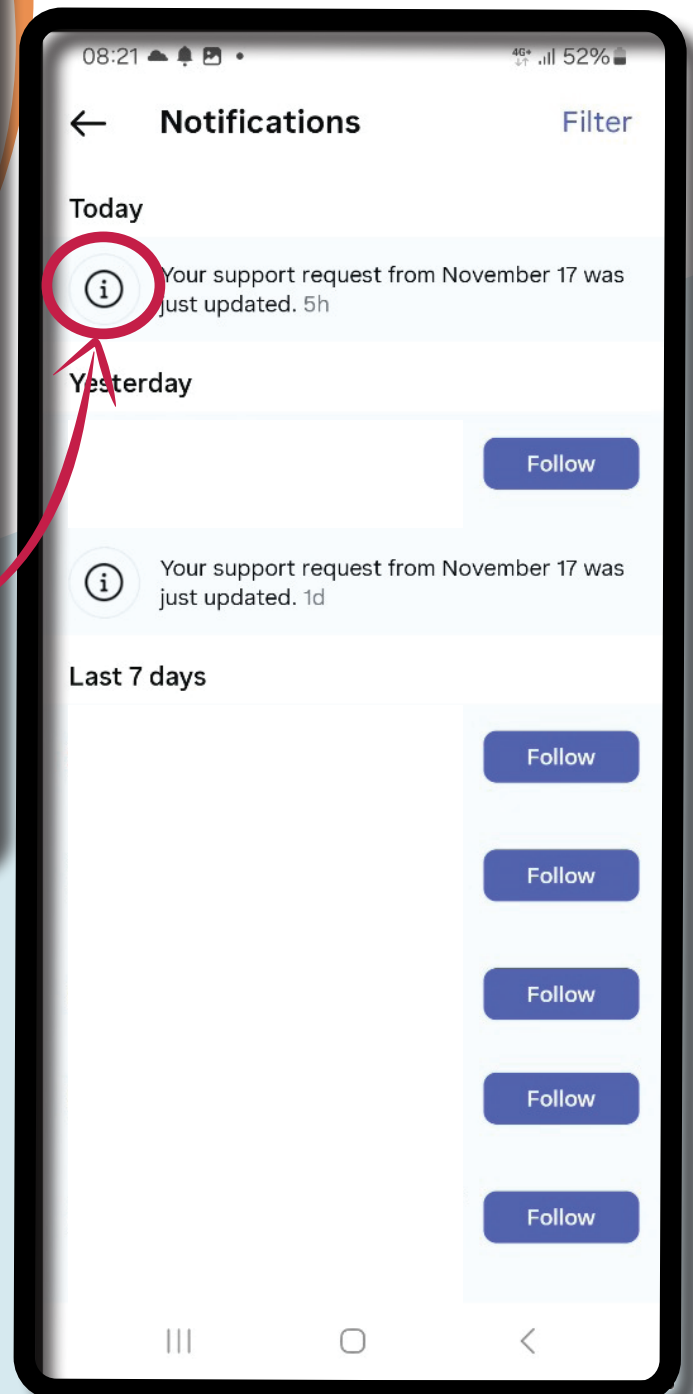


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6

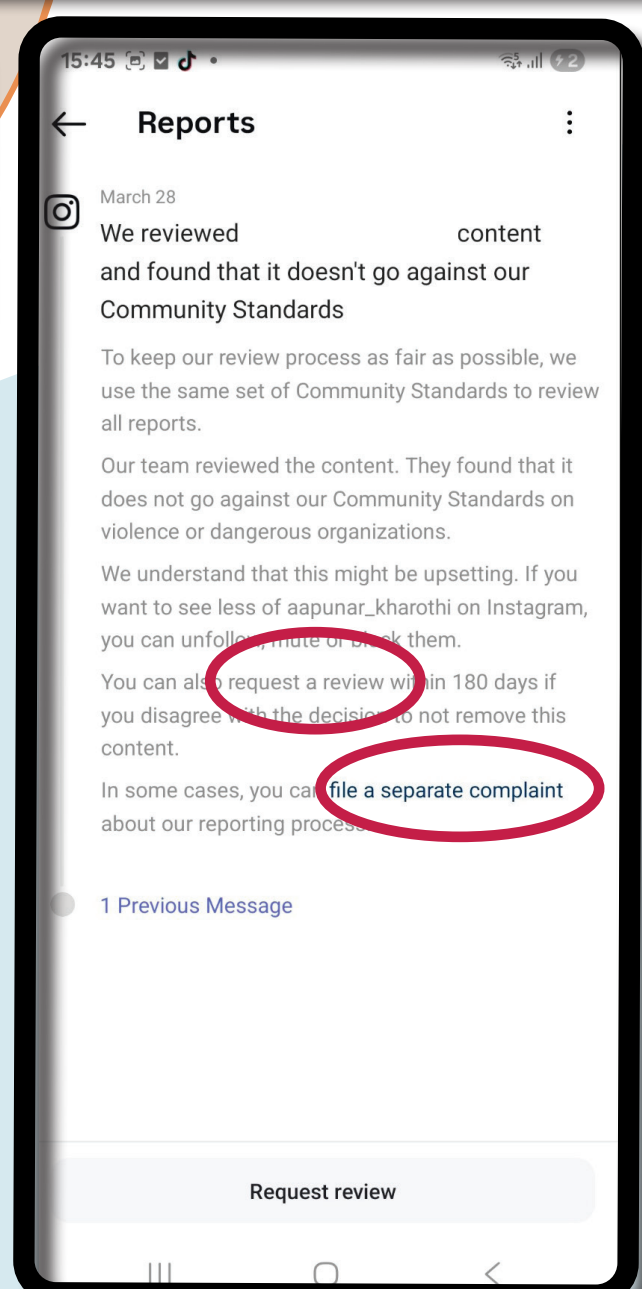
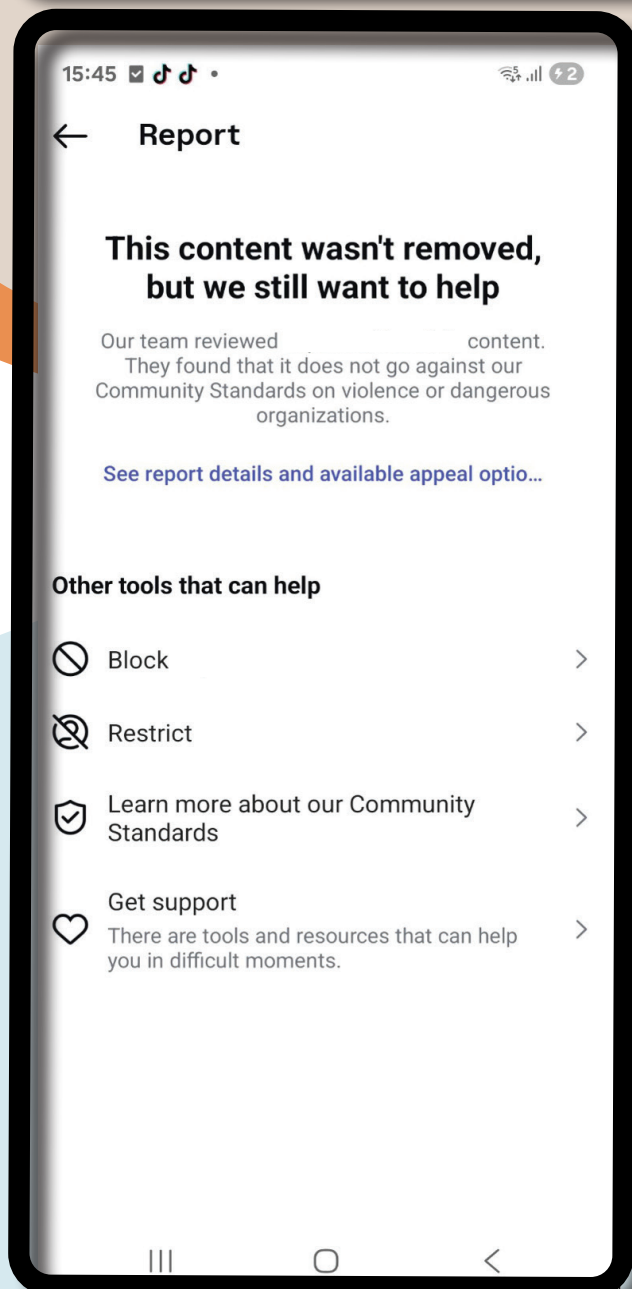
Following Instagram's review, you should receive a notification of the outcome and any action that has been taken in relation to the reported content, as well as any options for appeal. The notification will let you know that your **support request** has been updated. Tapping the **i** icon on the left of the notification will bring you to a screen that provides the decision on your report.



How to Report Harmful Content in Posts on the Instagram App



Depending on the outcome, Instagram may determine that no further action is necessary, or it may determine it is appropriate to restrict or remove the content. You may also be given an option to **request a review** or to **file a separate complaint** about Meta's content reporting process.

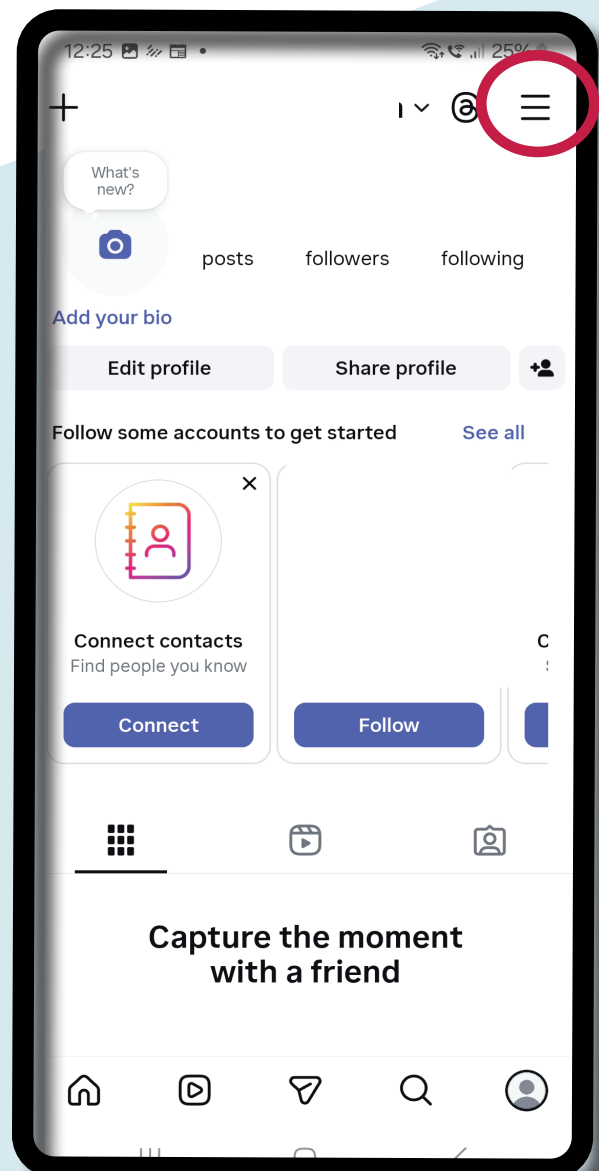
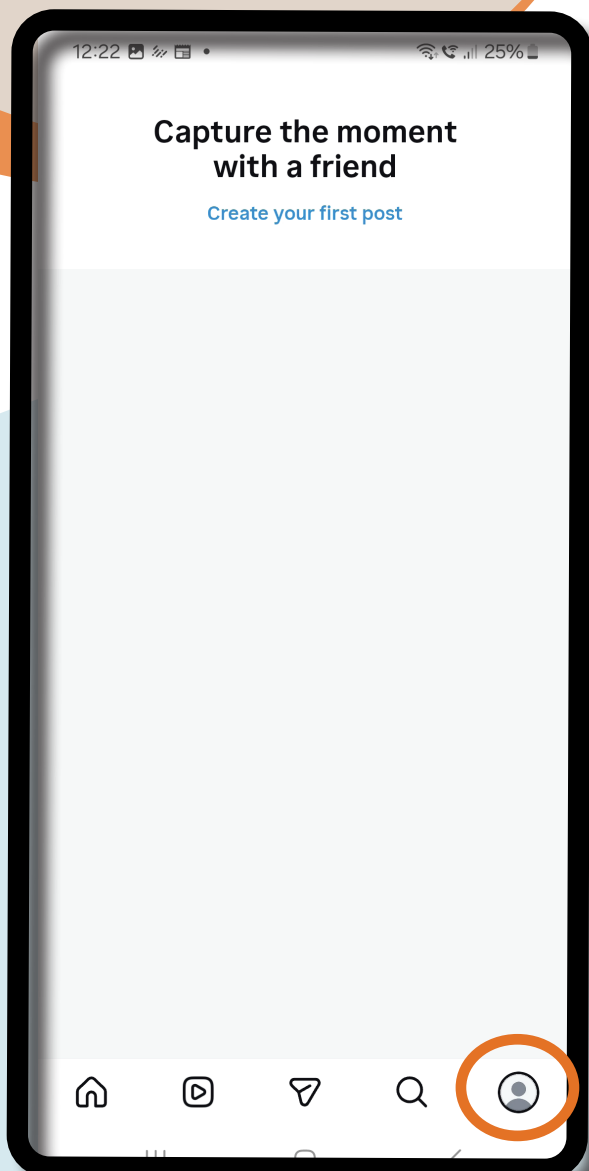


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To see the status of your reports at any time in your **Support requests folder**, you can go to the **Help section** of your main settings page. To do this, you'll need to tap your **profile** at the bottom right-hand side of the screen and then tap the **three horizontal lines** that appear on the top right-hand side.

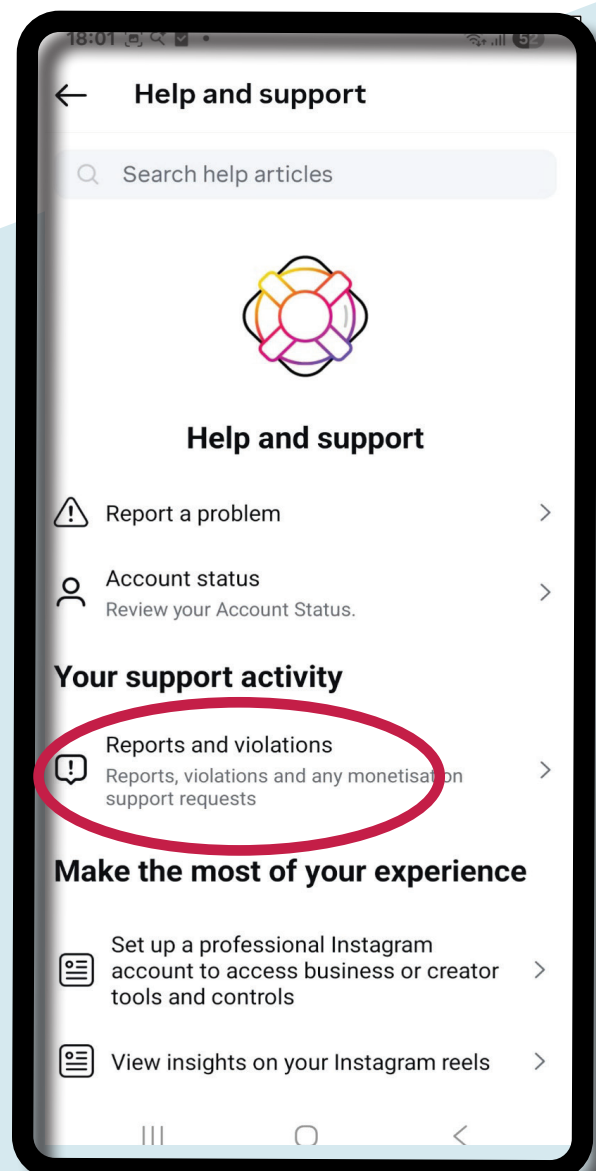
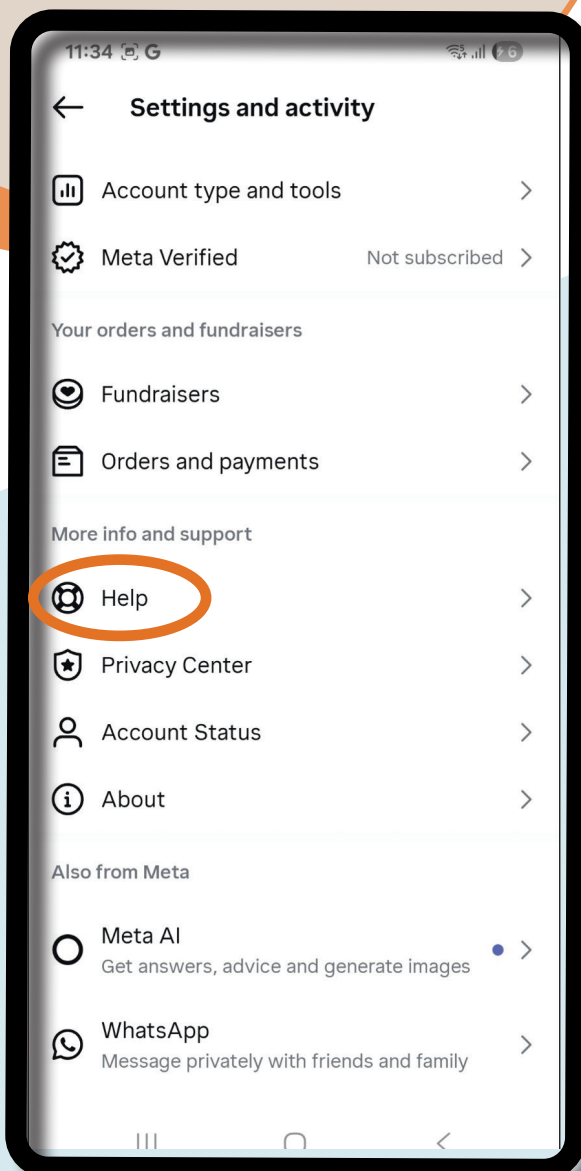


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8

You'll need to scroll down until you see **Help**. Tapping on this will bring you to another list of options. Tap **Reports and violations**.

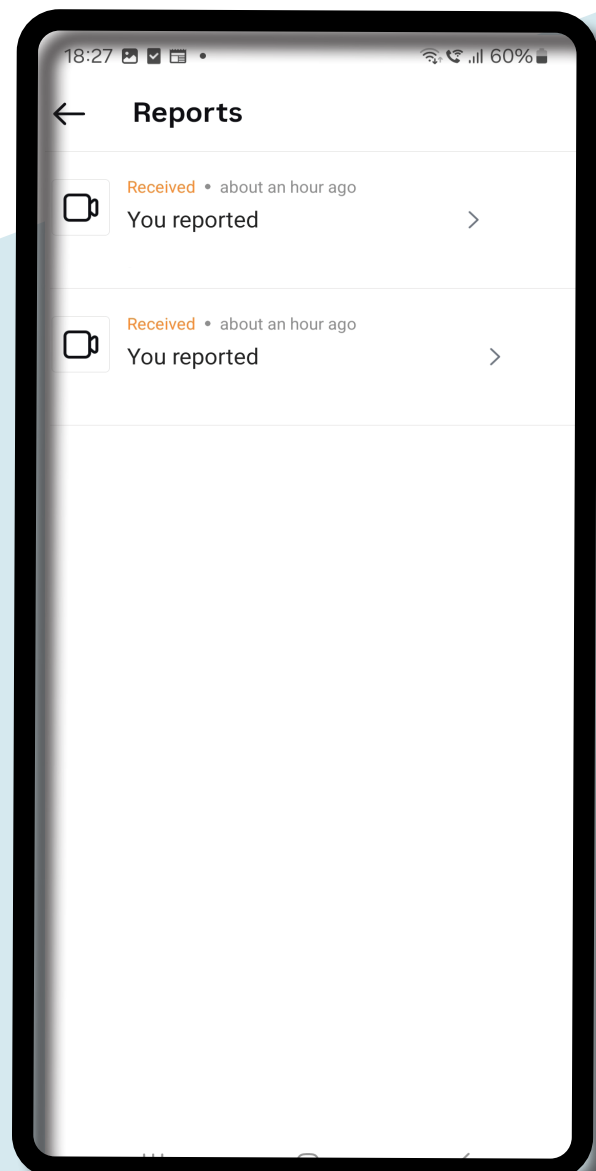
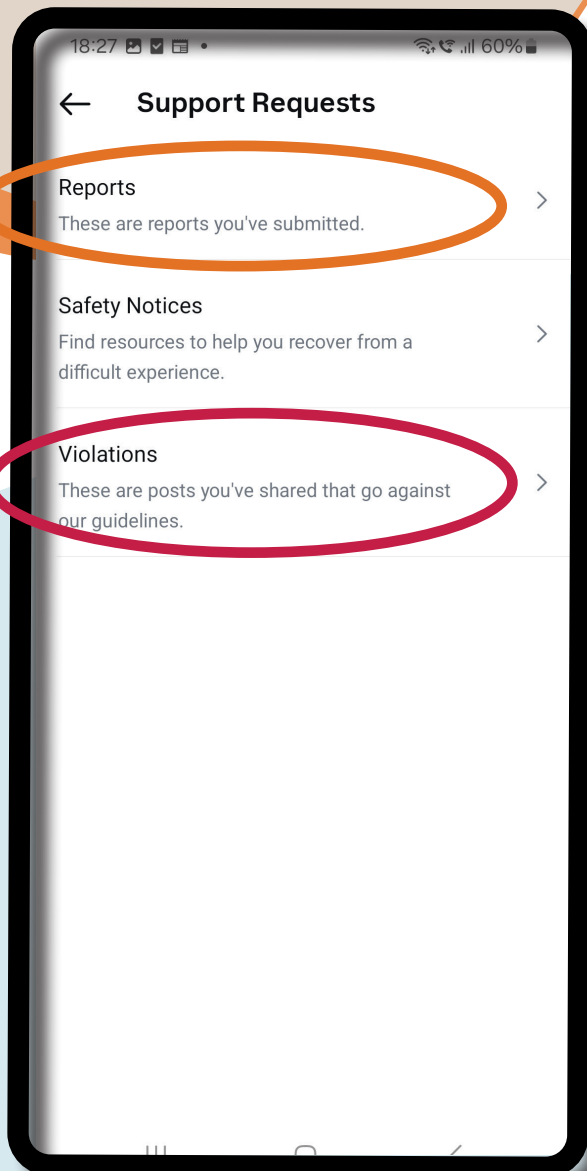


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On the next screen, choose **Reports** and you'll see a list of all the reports you have made about other posts on Instagram. Where it says **Violations**, this will show any reports that others have made about you, but you won't know who made them. Tapping on each report will show its outcome.



Links to Further Resources

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Instagram supports

- How to report content on Instagram: https://help.instagram.com/2922067214679225/?helpref=related_article
- How to report illegal content on Instagram: https://help.instagram.com/874680996209917/?helpref=hc_fnav
- Instagram Community Standards: <https://transparency.meta.com/policies/community-standards>

Coimisiún na Meán resources

- For a helpful table of laws in Ireland, go to <https://www.cnam.ie/%20general-public/online-safety/what-is-illegal-content/>
- See our other guides at www.cnam.ie/general-public/guides-resources